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MACLEAN'S

MAY 21st 2007

WORLD EXCLUSIVE

BLACK ON NIXON



How a controversial titan climbed out of the abyss

BY CONRAD BLACK P.22

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'Are we to assume that for years stay-at-home mothers have risked their children's futures?'

GREEN WITH SKEPTICISM

I AM DISMAYED and appalled that nuclear power is even being mentioned after the disaster at Three Mile Island and Chernobyl ("Harper Embraces the Nuclear Future," *National*, May 7). There are still vast tracts of Uranium that are discarded and will remain unrecyclable for generations due to the radioactive fallout. Two areas slated around the coast of nuclear disposal. A nuclear accident seems to me a far greater environmental threat than the buildup of greenhouse gases. Nuclear power generation is not a solution. It is creating an out-of-control problem for another. The cost of a couple of nuclear reactors—and their waste fuel storage facilities—would go along way toward the cost of pursuing other clean, renewable energy. Kenneth Peter Bolton, Ont.

WITH THE OBVIOUS reports of the catastrophic effects of climate change, I wonder how much environmentalist groups are truly doing their cases if they have now moved to attacking CANOE/News. A small amount of radioactive waste is a small price to pay compared to a wrecked economy or more global warming. Ramsey Julian, Surrey, B.C.

CANADA'S CURRENT Green Plan is a grail quest in addressing humanity's very survival. In 1964, on behalf of Canada's elected citizens, I helped present arguments to a federal cabinet committee to conserve Canada's energy resources for future generations. Our nonrenewable resources were called "Margaritines." I worried that the effort got the same results. This is a resource audit game plan. Study the process; it will be long gone when the sky is falling and we, not again, will have no one to hold accountable for such halfhearted leadership. Dave J. Anderson, former employee of Bell Power and NW Power, Victoria

I AM NOT SURE which is sadder, your cover of Prime Minister Harper with terrifying green eyes, or his solution to Canada's environmental "crisis." But changing his eye colour was less well. He has also got his nose on the environment report has succeeding political efforts as fast as a cheetah on a gazelle, only to adapt to its surrounding climate. Dr. Jonathan Ross, Calgary

TO THE AUTO-RETRACT and electronic world, we stick it up! You keep your pockets for decades getting up to the point where drastic environmental measures would be required. Mother Nature sends the message long ago. You can't expect us to shut a new when the old location agency shows up at your door. David McLoughlin, London, Ont.



MOTHERHOOD PAYS

I'VE JUST FINISHED reading Kate Milford's interview with Linda Steinhilber, author of *The Feminine Mystique* (Interview, May 7). Finally some common sense in this framing debate between the stay at home mother and working women. Our most important objective is to provide the grounds for our children. What goal is a distant parent? Alexandra Meredith, Scotts, Catherine, Que.

HOW SAD that this painful old lady, in the declining years of this life, should have stood up so much between, like and healthy? To have that amount of frustration, cynicism, spite and hopelessness crowded into one could be really sad. The only dark sadder is that some young, well-intentioned mothers will read this book and incorrectly assume that there is actual relevance to it, and will make misinformed, illogical mistakes, which they will rue the rest of their lives. R. David Goldsworthy, Chatham, Ont.

IT'S ABOUT TIME someone finally spoke the truth, no matter how politically incorrect. Stay-at-home mothers should get real

jobs. The suffrage and women's liberation movements worked darn hard to make sure women would not have to be dependent on men and the rest for their well-being. Bobbie Coates, Ottawa

LESLIE BENNETT has realized the idea that men are weaker and better than women, who cannot function as productive members of society if we are married or have children. Does she not know what year this is? I am a 38-year-old mother. Words of my parents: no one will suffer, educated, and independent. Has she ever heard of stay-at-home fathers, self-employment and home business? There are far more options for women now than there were in my mother's generation. Margaret Wadsworth, Melbourne, Alta.

I FREQUENTLY HEAR some time-wasting and far-outrageous statistics on how staying at home positively affects children, but I'm going outside to play hockey with my boys. Enjoy sitting on your throne Leslie. I'm sure it's got a great view—but so does the top of the slide in the playground. Carly Knapp, Prince George, B.C.

ARE WE TO ASSUME that six generations mothers have been raising their children's fathers by staying at home and having the father be the primary breadwinner? Greg Carr, Ottawa

A CRIMINAL CONVICTION

IT WAS WITH GREAT sorrow I find out that John Inglis inflicted such harm on myself and ("The Masses Soldiers," *Crime*, May 7). I was a student at Concord School and remember vividly that Mr. Inglis would often have the "stool" boys up to his cottage. I recall feeling excluded from this special group of elites and wondered what was wrong with me. Ironically, I was very fortunate not to have been considered part of that prey. I wish my old friends well in their recovery. Mayra Snyder, Minneapolis

I DON'T KNOW what's more outrageous, knowing that John Inglis sexually abused boys in his home or that Mr. Justice Villeneuve could juggle by sending him home with a put on the table to sit in his backyard. As the mother of these young boys, I have only one wish for John Inglis and Mr. Justice



JUSTICE Villeneuve could juggle (above) by sending him home with a put on the table.

Villeneuve—may you both rot in hell for the lives you have each destroyed. Sandra R. Atkinson, Erie, Ont.

I AM HORRIFIED that Mr. Justice Villeneuve's logic in his house arrest sentence for high treason in the case for all the young boys he abused? If I were a victim, or the family of one of his victims, I would be outraged. Anne Egge, Calgary

I WAS CLENCHING Maclean's tightly when I read about John Inglis's sentencing. I am ashamed of and appalled by our legal system and especially Mr. Justice Villeneuve for failing the boys whom Inglis molested. Why are we so hesitant convincing these dozens of society? Words cannot describe my disgust. Melissa Jones, Vancouver, Ont.

RIGHTS OF WAR

IN RECENT HARTFORD AGREE that it is ludicrous to say that Taliban fighters captured by Canadian troops be given rights under the Charter ("Protect the Taliban," *Front*, May 7). Having known last my own son to a suicide bomber in Kandahar, I personally take offense to this proposal. This is another attempt by misguided groups to undermine the efforts and progress being made by the our military in Afghanistan. Peter Leeson, Mississauga, B.C.

CANADA DOES NOT GO to Afghanistan to change its culture but to help get the country back on its feet. In this nation-building project, it is logical that the government of Afghanistan assume responsibility for all its people, items, the transfer of prisoners to Afghan authorities. These methods of association may differ from ours, but if they are sufficiently effective to stop crucial information from the enemy, it might save Canadian

lives. The Taliban are not combatants and do not deserve prisoner-of-war status. J.G. Bonnet, Ottawa

BOOK EDITORIAL succinctly destroys the naive arguments proffered by the R.C. Civil Liberties Association and Amnesty International that our Charter can confer rights on Afghan citizens captured fighting against their own government. Our troops should turn over captured Taliban fighters to the freely elected sovereign nation of Afghanistan. If these groups have concerns, they should bring them to the Afghan government and not use our Charter as a back door for furthering their spurious arguments. Thomas Lanning, Princeton, N.C.

BOOK REVIEWER completely misses the point. What is at stake here is not protecting the Taliban, but protecting universal human rights principles such as the ban on torture. Canada has played a leading role in developing these principles and making sure that when they are disregarded, it is we that have relied on the Charter to make our case. Canadians do not want to allow international human rights treaties, ratified by Canada, to be directly undermined in this manner. The Charter is a through the Charter. It is our hope and expectation that the Federal Court will agree that the Charter applies only to actions of Canadian state agencies, deployed according to a Canadian government decision and operating under Canadian law—and that the Charter does not allow complexity to torture. Alex Nave, Secretary General, Amnesty International Canada, Ottawa

HOT IN IRAQ

I WAS STRUCK by your photos of American soldiers and the images they're hanging on their walls in Baghdad ("How to Pen the 'War' Time," *Week* in Pictures, May 7). In particu-

"Pregnancy was a ninety-minute massage compared to life now."

Rebecca Eckler
Wiped!
Life with a preadolescent dictator



"Wiped" is a little more than a joke. Just be sure to stress all sorts of moral judgment into the Diaper Genie before embarking on this hilariously frank journey into modern parenthood."
— THE COMMON CENSURE JOURNAL



MITCHEL RAPHAEL ON BELINDA STRONACH, STEPHEN HARPER AND LIP GLOSS BONDING



HOW MUCH for Elton's parents?

WHY IS PETER MACKEY COLLECTING PURSES?

Former Saint John's, N.B., Tory MP and notorious Andy Sheppard donor Peter MacKay recently visited the Hill. Liberal troublemaker Mark Eyking, a Nova Scotia MP, had Wayne gaping and making the sign of the cross when he jilted, "Hey, Scott! Brian is looking for you!" In 2003, Wayne said gay people should "shut up" about marriage, and Brian called for her resignation to depose leader of the Progressive Conservative Union MP says he heard Brian told Wayne a "discourtesy" in doing so.

Wayne was in Ottawa for the National Prayer Breakfast, and also delivered two purses (one wine colored, one gold) to Peter MacKay. The former offshore minister is helping out his parents for Halliwell's Scarlet Sore, where money from a celebrity purse where auction will go to the Silent Witness Nova Scotia Project, a program to remember women killed by a partner or acquaintance. Political regular Kelly Ragan, wife of Halliwell Liberal MP Geoff Ragan, donated directly to the cause. The purse she carried when she can Queen Elizabeth II in 1994 (that was the only time she used it). Scott's sister MP Belinda Stronach also

donated directly to the organization with the word "free" on it.

In Regis recently, Stronach gave her first major speech in her constituency she was taking a break from political life. The reason was Ontario Women's Leadership Institute breakfast. Stronach discussed deficit wasting, women in politics, and how Stephen Harper's child-care program "is a huge help if you happen to keep your child in daycare for exactly 40 minutes a day." She also passed an adorable political lesson the learned, such as "no parent has made you think you know someone, you never really know them. I look back on my time in the Conservative party and I think to myself, 'Stephen, if only I'd known you cared so much about making [referring to the PM's personal style], perhaps we could have bonded over our choice of lipgloss.'" She told the women as well that "maybe you should think twice before firing a guy in your workplace."

Stronach has also been busy raising money for the Liberals' 2008

PARTISAN ZOOMER (left), TONGAL, (right) STRONACH

recently attended a fundraiser for Ontario MP Susan Kwik, who will be fighting Tory candidate Peter Kent in Thornhill. With Stronach's departure, Liberal fund-raising efforts are looking forward to the imminent governing appeal of Justin Trudeau. Though his son has already spent several weeks in Ottawa, Stronach's efforts include a letter to the Hill MP who now holds the riding where Trudeau will run, says she received an email from a Toronto man asking how he could contribute to the campaign and Black Trudeau from becoming an MP. It's the second campaign donation offer she's had from outside Quebec.



VIVIAN BABINOFF (right) is getting into a taxi.

SWIMSUIT-EDITION FIREFIGHTERS?

Nova Scotia NDP MP Peter Scott's latest campaign strategy is an All Party Party. He's paying out, but the rest of the Hill workers from NDP's assistant to clearing staff go in free. Any proceeds from the party are donated to a particular charity. "The party's

STRONACH BOMBS

John Stronach (left), Bala and Ken Dryden finished along with drinks in the leader of the Conservative's office for a review of the more traditional Wednesday drinks party, several Liberal folks but an other party. It was there that young Liberals like Perry Tongal and Richard Zastman brought out Frank's Energy Drink (named after Major mogul Frank Stronach) and tried to high-five him to create what they call "Stronach Bombs," a new take on Tiger Beer, a mix of ginger beer and the energy drink Red Bull. ■

ON THE WEB For more Ottawa outtakes or to contact Mitchell Raphael, visit mitchellraphael.com

HOW DO YOU DEFINE YOUR LIFE?
Is it what you do between NINE and FIVE?
Or five to nine?

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André Boisclair and the Péquiste logic gap



PAUL WELLS

It's springtime, and the Parti Québécois leaders are fulling. André Boisclair's forced exit still is a Quebec warner with no logic. Memories

• In 1990 or 1991 – I don't know – I don't remember when – 100,000 people marched past my apartment building on the Rivoli Street behind a banner that read, "L'été prochain mon pays." Next year my country. For several months in 1990 or so, the Bloc Québécois website carried the slogan, "L'été prochain fin 2000." A country for the year 2000. I remember the week they took that off the website. I wondered which Winston Churchill was responsible for what that year was into the history hole.

• In 2001, during the Summit of the Americas in Quebec City, Bernard Landry was telling everyone he had visited Quebec to attend the next summit in a sovereign country. The next summit was in 2001.

Langston Hughes wondered what happens to a dream deferred. Depends on the dream. This one's getting silly. René Lévesque lost control of the PQ over time. He wrote about the sovereign Quebec, "for now anyone at peace at midnight is unacceptable" – which we thought was so close and timely and sensible. Jacques Parizeau quit the cabinet over the "in" "improvement," which put the dream in the past tense. Soon enough Prime Minister Jean Chrétien's government became a task for the Parizeau state of the party, too.

Parizeau himself, far and away the most formidable opponent the country has seen, came to within a hair of winning the 1995 referendum. I know Lucien Boivin got the credit for that, but isn't it clear by now that Boivin would never have called the referendum? Anyway, Parizeau quit the morning after his referendum loss, only to repeat on his successors now and then like a bad loudspeaker. Boivin, too, finally quit when he got tired of bridging the gap between a

PQ hard core that was too obsessed with secession and a Quebec population that couldn't care less.

Who am I to say? Ah, yes, Bernard Landry. He considered that from his office window in Quebec City all you could see were Canadian flags. At the National Fair, one of our editors asked Landry's office whether we could send a photographer to get a picture of the offending spectacle. No deal. How is that any less at all? Nobody raises Landry. He used to call Jean Charest a bullhead the PQ would defuse. Then he got Charest elected, guess? This would make Landry, I don't know, a pump, I suppose.

When Landry became premier, an advisor to Paul Martin phoned me to predict there

something close to a rock star. He was young. He was handsome. Most importantly he was eager to do what any man wants to become the PQ leader: press to the hilt the so-called radically moderate platform, which called for a sovereign referendum on the basis of a unilateral victory 55% but breaking outburst of hostility after his recent election debacle has to be seen through this lens. What the PQ needed was a leader who could influence to them on his way to the top job. But talking words don't make you PQ leader.

Which brings us to Gilles Duceppe. He has been looking for leaders for so long he has finally become good at it. At every full and election we hear from a voter in Manitoba or New Brunswick who either did could



What the PQ needed was a leader to talk sense—but that won't make you PQ leader

would be a sovereign referendum within 18 months. (An obvious man job. This is the preferred response in general elections to the arrival of each new PQ leader: a vote of no confidence, based on the assumption that the new guy will find a way to succeed where so many have failed before. Landry managed to go out with a bit of pride, at least. His party gave him a crushing vote in a leadership review – 76 to 2 per cent. Landry, who always claimed 90 per cent support was enough support to justify secession, decided that 90 per cent plus, or 36 to 64 per cent wasn't enough to justify his self-escape. So he up and quit, slightly musing the governor's role by trying on several subsequent occasions to un-quit.

Along comes Boivin. In hindsight, this week, everyone said they always figured him for a burn, but in fact he made short work of René's opposition because the constant on-airing PQ members was that he was

vote for him. Few have noticed that he has never expressed substantive disagreements with any PQ leader on anything, which is to say that he has no agenda. If he takes over the PQ he will spend half his time flattering his new party's hard line and half his time assuring everyone else that the hard line doesn't harm him. Every PQ leader did the same except Parizeau. Eventually the logic got swallowed then said it will swallow him. Sovereignty cannot win in Quebec unless federalism helps it, whether by voting the Constitution as a dagger, as Brian Mulroney did, or by calling the latest would be worst vote, as Paul Martin did. Duceppe's desperate Eden Okeanos to Quebec will cause no serious debate about the future of the sovereignty movement or either capital. (An obvious, note page 16 Canada. ■

ON THE WEB: For more Paul Wells, visit his blog at paulwells.ca/paulwells/

What would our MPs know about honour?



ANDREW POTTER

One of the odious things about NHL hockey is that the games only get good once the players stop being paid. During the regular season, NHLers are a lot like salaried employees everywhere. They punch the clock, work their hours, and pull just enough of their weight to keep from getting fired. But the psychopaths end when the playoffs start, and it's literally a whole other game. High-stakes forwards discover the art of backchecking, defencemen postpone the madness in front of sleepers, and everyone plays hard.

So what are they playing for, if it isn't the money? Bigging rights, certainly. Glory. The chance to have their names engraved on the most famous sports trophy in the world. But more than that, they are playing for a concept so intangible, so laughably outdated, that it is hard to write it with a straight face: they are playing for honour.

Remember honour? It was for hundreds of years a social virtue, reflecting the status of qualities that gentlemen were expected to have: dignity, integrity, courage and so on. Emerging out of medieval chivalric codes, honour had by the 19th century become an aristocratic quality that reflected a man's reputation, his sense of self-worth, and the esteem in which he was held by his peers.

As men of honour, the male members of the upper classes reserved the right to settle their disputes among themselves, without resorting to or interference by the state. Those whose honour had been impugned had the right to demand satisfaction, which usually involved either a public apology or a "duelling," which was what the typically understated English called a duel. Nobody takes duelling seriously these days, and the only people who were constrained to make aside to " settle this like men" are doctors in open bars. A more modern definition of honour is " respect," the big-boy code of obligatory respect, defer-

ence that has gotten so many young men killed. But in hockey, duelling was a deadly serious struggle by the upper crust at settling the enmeshments of the modern state. And unlike the pop hopoade, the old honour system at least had the merit of preserving virtues such as integrity and honour, not just status for its own sake. The members of the bourgeoisie might have avoided contracts, courts, and justice to regulate their affairs, but when the machinery of honour was needed only for good and a good use of duelling punch.

Honour could not survive the rise of the growing bourgeoisie and the much more

why so much of the debate over the Todd Bertuzzi/Bryan Broun affair consisted of people selling out one another. For outsiders, it was instantly obvious that Bertuzzi had assaulted Moore. But when people inside the NHL defended Bertuzzi by arguing that Moore should have simply allowed himself to get beat up, they were appealing to an old-fashioned code that governs relations among players in the NHL. It might not look honourable to our eyes, but then neither does duelling.

Which brings us to last week's parliamentary disgrace, the evening grace of Shane Doan. To refresh your memory, Doan was accused of making a disgusting (or "culturally insensitive," according to the CBC) remark to a French Canadian referee during a game in 2005. Liberal MP Dean Goffman tried to get Doan thrown off the Ojibway team last year, and while he failed in that, his efforts at steering us trouble have not gone unwarded. Doan was appointed captain of the Canadian men's team playing at the World Championships in Moscow, and the Bloc Québécois managed to get a motion passed demanding that officials from Hockey Canada appear before the House of Commons committee of official languages to explain their decision.

What isn't mentioned is not whether Shane Doan issued a slur against French-Canadians either while on the ice, or at that is none of Parliament's business. The referee was as much a part of the hockey "code"



Whether or not Shane Doan uttered a slur on the ice is none of Parliament's business

that class system is created, as men of substance found it more congenial to seek satisfaction in the civil courts than file a suit through a colleague's brasserie. Today, honour survives only in small and isolated pockets of male society, places like the military and professional sports, where courage, selflessness, and sportsmanship are still vital character traits, and where how you behave in front of your peers matters more than money, more than health, maybe even more than life itself.

A lot of people find this incredible. That is why there is such an uproar whenever the bawdy practices of elite commando units or university football teams are made public. Most members of the public have no experience with conservatism of honour, and so can't understand that something higher than mere conduct might be at stake. This deal runs to the dynamics of honour also explains

as the players, and they are party to the informal set of protocols for settling these things. Indeed, by all accounts the affair had been settled, until Goffman stuck his nose where it didn't belong.

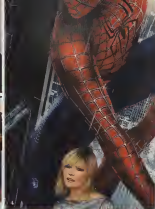
The irony, too, is that Shane Doan was being investigated for cultural insensitivity by a group of people who routinely call one another the most appalling things in the House of Commons anyway. They tend to clasp each other get outside the legal protection of the Commons, which only serves to underscore the ludicrousness of MPs continuing to style themselves as "honourable." In other words, Shane Doan, who is spending his vacation serving his country abroad, finds his honour questioned by a group of people who have proven time and time again that they have none. ■

ON THE WEB: For more Andrew Potter, visit his blog at www.mackenzie.ca/andrepotter

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HIS WORLD WIDE WEB

Spider-Man 2 broke box office records on its opening weekend. Ticket sales are estimated at US\$101 million for North America, and US\$382 million worldwide. It's a hero everywhere, confidently with their superhero's latest challenge: battling the evil within himself.

- 1 A crew in a Spider-Man costume raps from the top of a building during a promotion event for outdoor extreme sports in eastern China's Shandong province
- 2 Tobey Maguire stars as Spider-Man II with fans
- 3 Police arrest a University of Sheffield fan dressed as Spider-Man
- 4 Actress Kirsten Dunst arrives for the premiere of the film in New York City
- 5 A man dressed as Spider-Man dances to promote the movie in a shopping mall in Taipei
- 6 Spider-Man poses with posterity in Taipei
- 7 Two Australians dress the parts of Spider-Man and Batman while attending the Coachella Valley Music and Arts Festival in Indio, Calif





'When people are chronically short of sleep, what's important gets shaken up with immaterial things. It's all a blur.'

CATHRYN JAKOBSON RAMIN TALKS WITH KATE FILLION ABOUT MEMORY LOSS, NEUROSCIENCE AND WHAT DRINKING DOES TO YOUR BRAIN

Q Middle-aged people talk about losing "minor moments," yet precisely what people are terrified when they start to blank on names and so forth. How worried should we be about memory loss?

A: Occasionally replacing your sunglasses and finding that they're on the top of your head is annoying, but it's not pathological. There is such a thing as a perfectly normal, middle-age related memory impairment. There's a change in processing speed that occurs in your late twenties, but you don't feel it then because you have what I refer to as memory efficiency as a spare suitcase of material and synaptic connections, and they will help you through your late twenties and thirties and often into your early forties. Scientists refer to that suitcase as cognitive reserve, and how much you have has to do with how you've lived your life.

Q Do your new book, *Carved in Stone: When Attention Fails and Memory Fades in Midlife*, you describe how you were evaluated and diagnosed by experts and tried 18 separate interventions to try to improve your memory. At one point, you tried a standard commonly prescribed for AD/MD, and your memory and ability to focus improved dramatically. It made you feel like running and getting some B vitamins. Is there any reason not to?

A: There's a darn good reason. You'd be very focused during the day, but you'd almost be hyper-focused, and you'd feel giddy all week long.

Q You're talking about loss because you're so used to a large part reserved, and if you're having spatial issues, like you forget how to drive places you've been before and this is a relatively new problem for you, that will be resolved, because you will have a stack of dopamine in your bloodstream and your neurons will be snapping it up like nobody's business.

Q: That sounds fantastic.

A: Check it out at five in the afternoon you will be as withdrawn. If you're an adult, at 5 p.m. you must be functional, you must have energy, you must relate to the people around you, you cannot be as withdrawn. It won't double itself. But there's a warning called frontal-lobed atrophy, which is a warning that you're losing dopamine, which has some wonderful characteristics in terms of exhibiting attention without the withdrawal.

Q: You said it for your book, but do you still take Prozac?

A: Occasionally. It's a cognitive enhancer, and I think it's the first generation of a drug that is all about taking in the future.

Q: So found that a lot of the normal memories of modern life—too much stress, too many technological distractions, creating constant interruptions—now helped to memory impairment. Are we worse off in terms of memory loss than people were, say, 100 years ago?

A: In addition to the 100 or so mid-life individuals that I interviewed, I decided to talk to people in their 70s and 80s because I wanted to know how they felt when they were in mid-life. And one after another they very

with it people said, "I don't remember anything like [memory loss] in middle age."

So what I found is that we are not subject to relatively uncontrolled information flow. It used to be that to have information that you had to enter the phone or enter the door, it was all optional. That's not the case any more. You can't be in the workplace without having a constant flow of information from your email, your calendar. In a recent study, some investigators went into an IT company and thinking they'd do an assessment of how often interruptions occur in the workplace. They were counting every 15 minutes or so, but they found it was approximately every three minutes, and that only two-thirds of the work was resumed on the same day after the interruption. So in other words, one-third of your work was not the window after an interruption? People who've stopped multi-tasking feel vastly more relaxed and make for fewer errors.

Q: If you really also have lifestyle changes can you improve your memory?

A: Absolutely. In mid-life we're not naturally suffering from actual memory loss. People say the term, "My memory's going," but a lot of other things are lumped under the heading of memory loss. True memory loss is that someone hands you a multiple choice vocabulary test and you cannot define words you've known all your life. That is a very serious business. It's certainly a sign that you're beginning to decline into some form of dementia. That does not happen

prematurely, typically. What does happen is we experience a substantial change in attention, and we are far more distractible. The scientist described it this way: There's this mental barrier on how when we're younger, it's a curtain the nighted door on your hand on the velvet rope—and it keeps unnecessary information from infiltrating, so that we remain more focused and have better concentration. But as we age, the mental barrier goes on multiple coffee breaks, and all sorts of stuff start to get in. What lifestyle changes do you need to make to deal with that? Neuroscience is a very important factor. Some fairly new research shows without a doubt that obesity, hyper-tension and diabetes get you on the fast track to Alzheimer's disease.

Q: So the usual diet of day that you need to keep your body and heart healthy also keeps your brain working?

A: Yes, especially for diabetes. People say, "Nobody can eat eight servings of fruit and vegetables a day." It's really hard to do unless you're a grazing animal, and it's not cheap. Get to many in you eat, but also don't be afraid to supplement—though supplements alone are not a good choice, because they are not absorbed in the gut in the same way.

You also want to think about exercise design in that world, normally be necessary for your heart. The way that your apparatus works to maintain flexibility of the cell wall of the neuron, so information can be conducted quickly, the stiffer the cell wall becomes, the more sluggish processing becomes. Take take vitamin E and magnesium, because some studies show that much of the cognitive fog that people experience in mid-life is a very likely due to insufficient magnesium.

Q: Let's talk about sleep. The stereotype is that we need less as we age, but you say we need eight hours—it's not harder and harder to get to mid-life because of hormonal changes and changes in the brain.

A: Memory is consolidated during sleep. Unfortunately, our sleep cycles get shorter as we change, and we sleep up between them. We need to get three full cycles of sleep in order to make it through the whole process, and each one of those cycles needs to be 1.5 hours. If you're only sleeping five hours a night, you can't possibly be getting through three full cycles.

In fact, to what you are doing sleep as the visit of the night landscape, which sweeps out all the irrelevant information from the course of the day, what you co-actuate now, what someone else had for lunch. But when people are chronically short

of sleep, what's important doesn't necessarily get remembered, it's all jumbled together and gotten up with immaterial things. It all becomes a blur.

Q: You found that many women over the counter and prescription medications impair cognitive functioning and memory in some way. Why don't doctors ever mention that?

A: Physicians are primarily there to help you out with your main complaint. So if you come in and say, "Doctor, I am wildly anxious, it's interfering with my life," they will, in all likelihood, write you a prescription for an anti-anxiety drug and say, "Take this for two weeks, then call and let me know how you feel." If you call and say, "I think that gave me a really, really will give you one. A wide range of antidepressants, anti-anxiety drugs, antidepressants, some drugs that affect bladder control—there's a vast range of drugs that affect memory. Any time a drug's label says, "This may make you drowsy," you can replace the word "drowsy" with "anxious," and you'll have a pretty good idea of the potential side effects. It's very important to say to your physician, "Are there cognitive side effects?" Physicians do not want to tell you that there are, because, first, the power of suggestion is very great. And they do not wish to tell you that certain drugs, which people take for hypertension, have cognitive side effects, because they are also critically important for maintaining control over hypertension. Doctors never mention that there's a cognitive side effect, either.

Q: What are some things that older people could start doing tomorrow to improve life expectancy?

A: Definitely cut out the trans fat, lose some weight, and then make sure you're getting plenty of aerobic exercise. Studies are now showing that getting the blood pumping to the brain—taking an extremely fast walk on hills, or getting out on completely flat, or taking salsa dancing—anything that gets your heart rate up to a high level, and sustains it, two to three times a week, is important.

Q: If you start doing some of these things, can you start off Alzheimer's?

A: That is what it looks like. We were told that late that this is a disease of old age, but the seeds are planted in mid-life, if not earlier. There's a genetic aspect to Alzheimer's disease, but it's about 10 percent, but it's not a guarantee. There's a huge brain, a huge brain, and there are many things which will slow that among elderly. By old-old, one, one will develop the disease, and one won't. There is something going on here, and that's lifestyle. Did you drink heavily?

Did you smoke? These two things are pretty terrible for your brain. People say, "What about that research showing red wine is really good for your heart?" The newer research shows that the ideal quantity is about half a glass of wine two to three times a week. That would be a moderate drinking habit. The old part is that people don't drink half a glass, they drink two glasses. If you happen to carry one of the genetic variants that slightly increases your risk of developing Alzheimer's disease, drinking carbohydrates that. Many things exacerbate that risk, but alcohol is one of the major known ones.

Q: Knowing all that you know about meat and the brain, what would you do if you were diagnosed with Alzheimer's disease tomorrow?

A: First of all, I would make sure that that diagnosis occurred at a major university research center—don't trust an internet, or even

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not necessarily a neurologist in private practice. And I would devote myself to being in clinical trials for research purposes. The trials are going constantly, but there are many different kinds of drugs, some that are, some that are. Some of these are going to be the winners, but the only thing that is going to allow us to have that conclusive evidence is if enough people volunteer to participate in these studies. The surface of the disease is made up of which is the tricky part, the better you could begin to understand the better chance you will have of either slowing the process of the disease or potentially stopping it in its tracks. ■

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WHATEVER HAPPENED TO ANTI-WAR PROTESTS?

Forget peaceniks. The fight's no longer in the streets but in the courts

BY COLIN CAMPBELL AND JOHN INTINE
Paul Champ, the lawyer representing Amnesty International Canada and the British Columbia Civil Liberties Association, was minutes from making his submission in Federal Court last week to stop the further transfer by Canadian Forces of Afghan prisoners into the hands of Afghan authorities. While waiting for the judge to arrive and getting her "pint face" on, as he puts it, an aide rushed into the packed courtroom and handed government lawyers a file, which was then dropped on Champ's desk. It was a new detainee agreement.

The document was a stunning break in a case that had thrown the Conservatives into an uncharacteristic panic. "They were doing everything they could to see to have this motion go ahead," says Champ. "They were begging the court." While Amnesty argues that the new agreement doesn't go far enough—it allows for greater mistreatment of detainees but doesn't ban torture—it is still a major concession. Without the court challenge, says the judge, the agreement, signed and forced over from Kabul last month before it appeared, would likely not have emerged.

The allegations of detainee abuse were fast becoming a flash-point for opponents of Canada's mission in Afghanistan. "It's a clear example that the mission is flawed," says Joe Casey, the Ottawa-based youth director of the Canadian Peace Alliance. But Amnesty goes out of its way to say it's not opposed to Canada's military in Afghanistan—nor are they apologists for the Taliban. They are, however, doing more than anyone to raise important questions about Canada's role in the war. Talibanians war movement has been a success in getting protesters and institutions acting as watchdogs. Most of the best-known issues that have emerged out of the mission in Afghanistan, and more broadly from Canada's role on terror—including Maher Arar's wrongful detention and the use of security certificates in



detention suspected scenarios—have been fought by rights groups like Amnesty in the courts and at public hearings, not in the public square by outspoken protesters. "It's not something you see in the streets," says Matthew Behrman, who runs Toronto-based Human Rights Now. "You have Toronto based Human Rights Now. You have Toronto based in the Federal Court."

Public takes in the last year have consistently

shown support for Canada's 2,500 troop mission hovering around 50 per cent (it's been as low as 44 per cent and as high as 77 per cent). In April, the same number of Canadian troops was welcomed by roadside bombs outside of Kandahar, an Ipsos Reid poll showed that 51 per cent of Canadians disapproved the military effort (during which 54 soldiers and one civi-



UNLIKE IRAQ, 'AFGHANISTAN ISN'T CLEAR-CUT ENOUGH TO PROVOKE A MASS MOBILIZATION'

loneer have been killed). And the divide is regional: while 64 per cent of Albertans don't even oppose the use of troops "roughing up or mauling" Taliban prisoners, 71 per cent of Quebecers don't want the Canadian Forces to play any combat role in Afghanistan whatsoever. Overall, when asked by pollsters, 41 per cent of Canadians oppose the use of our troops in Afghanistan for security and/or combat. The split makes for a complex and messy message. "It's not a 50/50 sound bite," says NDP defence critic David Kilgour.

For most, the war doesn't have home enough resonance to make a difference. There's no military draft, which has traditionally led to dissent, and warships are only one level of the risk. And in the last year, fringe groups don't seem to have made much of the war of the courts—Ottawa, 106; Toronto, 106; Winnipeg, 200; Halifax, 190. Meanwhile, 105

protesters against the Iraq war, opposite page and left, had some more reason. Afghanistan protests (above) have been sparse.

members of the Canadian Peace Alliance attended a conference in Cairo that also included representatives from Hamas and Hezbollah—both of which are in Canada's list of terrorist organizations. (Canadians are also likely aware of who they're up against—the Taliban. "Even those who have changed their minds are not understood that the Canadian forces in Afghanistan are facing a uniquely negative opponent," says David Frank, a fellow with the American Enterprise Institute.) "This is one of those debates where you have to be prepared to answer the question: so what would you do instead? That's a difficult question to answer."

There's also the issue of fatigue. "May-memo go through cycles," says David Langille, the director of the Toronto-based Centre for Social Justice. "That long ago we hit the streets in massive numbers on the lead up to the war in Iraq. It's hard to maintain that level of activity with organizations that operate on a shoestring. Activists get burned out." Today's anti-war movement isn't out there on the same scale, whether on the Internet, in churches, or between members of NGOs, says former RCAF, a senior policy adviser for Project Ploughshares, a faith-based anti-war organization that seeks to influence government and NGOs. Anti-war groups recognize that their cause has changed. "The risk is not at this point to mobilize but to engage in education and outreach," says Crosby.

All of the left-leaning military disarmament at peace rallies. On March 27, protests were held in at least 39 Canadian cities. Soundbite-friendly, anti-war consider the war of the courts—Ottawa, 106; Toronto, 106; Winnipeg, 200; Halifax, 190. Meanwhile, 105

people and "golden rule" that needs to be made in any process," according to a local newspaper report. Aside from the occasional flare-up, large protests are not even happening on anniversary campaigns (even on the 10th anniversary of 9/11). Polls indicate that younger Canadians are more opposed to the war than older generations—but not enough to drive thousands into the streets. Canadians aren't as wired for protest as Americans and Europeans. While activists point proudly to several moments in their history—Vietnam, civil rights, racism in the '60s, long-cities around that Canada has never had a serious grassroots anti-war movement. "Separation is what a big grassroots movement looks like here," says Michael Neumann, a philosophy professor at Trent University and author of *What's Left: Radical Politics and the Radical People*. "Canada has never had multi-style '68." Neumann argues that one of the problems is the left's war passion. "The left can't connect with it because it doesn't involve high principles," he says. "It's not that the war is violating important principles or is a bad cause."

Others say that the Iraq war that Canadians hold of their country as a global peacekeeper has muted the anti-war movement. Even those on the inside admit that activists themselves are divided over Canada's role in Afghanistan. Some groups argue that NATO intervention is a failure and irresponsible. Others think Canada can do good in Afghanistan, but are concerned about the Iraq war being involved in an anti-war movement. "It's hard to mobilize people around a choice of military tactics," says Langille. "Right now Afghanistan isn't clear-cut enough to provoke a mass mobilization."

As well, veterans of the Vietnam War are more concerned that we're living in a less idealistic era. "Generations have become much more cynical and despairing—perhaps more realistic than we were—and preoccupied with proving the rat," says Langille. "That doesn't mean they don't care about the issues. To some extent, they don't have the time." Amnesty and the BCCA certainly do. They may come out with the signature in a month or so, after receiving the new agreement. At the very least, they've proven themselves capable of getting the government's attention. "I don't think Col. Steven Neuman [a former commander in Afghanistan] at Colburn Smith, an assistant deputy minister at Foreign Affairs, were very happy," says Crosby, "that they had to take time from their days to answer an affidavit and then come down and be on the ground." That's the point. "The anti-war groups have been a thorn in the government's side. They're not anti-war, but that may just be the secret to their success."

PHOTO: JACQUES/GETTY IMAGES; PHOTO: JACQUES/GETTY IMAGES

Between the Bloc and a hard place

Does Gilles Duceppe really want the job now that Boiesclair's gone?

BY MICHAEL ARON • At first, the spectacle last weekend of Quebec's two main separatist leaders feuding over themselves on their sinking ship looked like the land of reality entering political sleepwalk. But then it became a trademark of Quebec politics over the years. But then on Tuesday, the fresh political blood spilled on the floor of the province's National Assembly showed that the melodrama was, in fact, a dark tragedy unfolding in real life for the bottom, struggling separatist forces.

Patri Québécois leader André Boiesclair took one of the several guns pointed at his head, and pulled the trigger home. Eighteen months after conquering a crowded field to take the PQ leadership, Boiesclair, 41, resigned as head of the party just hours before battered PQ MNAs hoped into their seats—out of the way, under the media blitzkrieg, at least a third party—in the first some season that opened this week under a Liberal minority government. Boiesclair was already shot dead from a million cuts, and was left with no option but to resign—only when shot by his own network stranding. He had lost his last ditch support, an after attacking like Québécois leader Gilles Duceppe, telling him to back off as an excuse at undermining his leadership Duceppe reportedly went ballistic over the attack—the first skirmish between the two. For public consumption, he said repeatedly he did not even to much in think of coming to Quebec City as long as Boiesclair was there.

With Boiesclair now gone, Duceppe is left contemplating a depressing dilemma: stay put in Ottawa, and risk looking the same kind of doubting as the next federal election that Quebec voters give the PQ in the last provincial one, or take charge of a provincial party that is, by all accounts, broke, demoralized and divided—10 years after the end of a massive upheaval. If not already beyond repair, "I don't see how the situation could get any worse than this," former PQ apparition with links to the Bloc said MacIsaac, shortly after Boiesclair's resignation.

Boiesclair had good reasons to be paranoid

over scheming happening with the Bloc, never mind, but Duceppe had equally good reasons to be upset by Boiesclair's remarks. There was a catch, indeed, but it was run mainly by Québécois leading signals that Duceppe could be needed in Quebec City soon. By launching his fragmentation bomb, and then resigning, Boiesclair was practicing



BEFORE THE FALL: Duceppe reportedly went ballistic over the attack by Boiesclair

MAYBE WHAT THE PARTI QUÉBÉCOIS NEEDS IS A KEEPER OF THE FLAME—A VERY PATIENT ONE

what the French call le *patibouche* du *parlement*—an already rotten situation in order to make radical reforms unworkable. Some PQ members think a fresh new leader with a high profile—say, a Gilles Duceppe—is all they need to get back on the sunny side of the street. But when leadership is only a small part of their problems, and that the party needs serious time to rethink and reset. If it wants to become relevant and popular again, "Mr. Boiesclair's departure doesn't solve any of our problems. And with a new leader, we'll have not only a small fraction

of these," PQ MNA Sylvain Stépien says. "We must admit we have a tremendous amount of work to do, just to be able to reconnect with the public."

Party members say the PQ is choking from an excess of democracy. Yves Dubé, a former PQ cabinet minister who ran against Duceppe for the Bloc leadership, points out that "Boiesclair has been elected with a majority as the first round in a vote of all party members, but, as leader, had no control over who would chair the party, staff or executive committee, even over who should be a candidate and where." This demands belong to the membership, the riding associations,

or their grassroots—to the apparatuses, known to snipe on their leaders as soon as they stray from the orthodoxy. And there is, of course, that orthodoxy. What's a separatist party to do when only a minority of voters support separatism? Right now, the last political consideration in Quebec has emerged from the center of what used to be the separatist or *conservateur* divide. The federal Conservatives, preaching a "redirection of openness," are organizing, discreetly but insistently, in the province, and Maria Dumont's Action démocratique du Québec is all there with its motto of "incentive for Quebec, not to nationalize."

In this juncture, what the separatist need may be to be such a third-hand leader to a larger of the future. A very patient one. ■



CRACKS IN THE TORY MONOLITH

If Calgary stays mad, Klein's old seat may fall to the Liberals

BY MICHAEL ARON • Alberta's Progressive Conservatives have governed the province for over 15 years—in one black hole or at, almost as long as the Conservatives in Poland or the Liberal Democratic Party in Japan, where continuity is prized in politics above vigor or talent. Brought in by Peter Lougheed in 1971, the PCs have since then become a primordial thing—an old, seemingly, as the headwaters that dot the Alberta badlands. It's hard to describe of the province without those lonely stone towers. It's even harder to imagine it without a PC government.

So obvious here are the handshakes at the prospect of seeing the monolith crumble. Although the party's problem—local riding associations aligned to voter former premier Ralph Klein, both men's personal agendas and a splintering of party interests along north-south lines—pre-date him, it is the new premier who has come to embody these troubles. Ed Stelmach, swept in from his northern rural riding last year on a wave of anti-California sentiment, can't seem to shake the perception that he's a tundra-tender bent Alberta's urban reality. "I feel I'm a premier for all of Alberta," he told MacIsaac this week, noting politicians gave him little chance of winning the leader

ship race last year. "If I lived by the polls, I probably wouldn't be here."

Yet the Calgary paper has become a daily litany of complaints that the city is being badly treated, from failures to implement meaningful transit projects despite some landmarks in Alberta's brutal market hiking rents by \$5,000 or more, to disavowance of solid anti-California rhetoric among PC members at last week's annual general meeting in Edmonton. That AGM also saw Joe Lougheed, a 41-year-old Calgary lawyer and Peter's youngest son, lose a party presidency vote to an Edmontonian. Lougheed was said to lack organizing experience and a profile in Calgary, but his defeat is still widely seen as yet another Calgary slapdown. "Joe Lougheed, given that history, becomes a symbol," says the University of Calgary's David Toner. "And the symbol is—done."

STELMACH CAN'T SEEM TO SHAKE THE PERCEPTION HE DOESN'T UNDERSTAND ALBERTA'S CITIES

Calgary get to be at the table?" At least Lougheed can say he was invited. Stelmach is rumored to have asked him to run, putting the premier's hand on the right place. But that, it seems, is enough. Now Stelmach is embroiled in a feud with fiery Calgary Mayor Owen Bennett over municipal infrastructure funding. The fight, which broke out when Bennett accused Stelmach of failing to keep his promise in a provincial budget last month, goes to the core of Stelmach's Haven't Ed reputation. The mayor says regionalized Calgary, which will grow by 100,000 people within the next 10 years and by a million more in four decades, already has an infrastructure deficit of \$5 billion. In evaluation is his city's dominance,

CALGARY: A story of carnalists of shabby treatment. See page 10

at least one in five million residents. Bennett, a Liberal, of rising for the leadership of the official Opposition. Others point to this fall's municipal election. Inconceivable, though, in contrast Stelmach tried to keep his head. "I believe his cabinet is in trouble," he says—a subtle suggestion the premier to be in control. Such behavior isn't his best the mayor. If Calgary stayed angry, it may hurt Stelmach, who has committed to calling an election next year—leading some to question his party's continued hegemony.

Political orthodoxy serves Alberta into these days—constituencies, of which a party must win two for a majority—Edmonton, Calgary and rural Alberta. The last is solid PC ground. Edmonton is Liberal and will remain so. But Calgary voters—a trend slowly began under Klein, who lost three downtown ridings to the Liberals in 2004. Some say these Liberal seats could now go to 12. "Calgary is the swing region," the University of Lethbridge's Michael James says. "If Calgary defects the Conservatives in reasonably numbers, then we get a situation where a minority government is inevitable. That would give the Liberals some hammer in the legislature and a chance of government in one time around. Ministers say when that, perhaps, but that is the idea that to be an effective political arena Alberta, you have to get involved with the Conservative party—that sense would end," says James. "The tappings of the one party was would crack."

Many, then, view this summer's by-election in Klein's old Calgary riding, calling it a bellwether. "I bet we lose it," say one

Calgary PC insider. "The only reason we won that seat was a guy by the name of Ralph Klein and an incredibly strong organization going door to door, identifying those voters. That's not there."

But falling PC fortunes in Alberta's cities hinge on more than just Klein's departure. While Stephen Harper is PM, Albertans, whose identity has for decades been based up in voting Conservatives, may feel secure enough to experiment at home. The province's demographics, meanwhile—juggled half of new blood by the boom—are shifting. And those new Albertans don't live anywhere near Poland or Japan. Calgary, a city at the center of that change and emboldened by reducing stress, will not be constrained. ■



YOU'VE BEEN TALKING TO WHO?

Canadian Mennonites have built a bridge to Iranian extremists

BY JONATHAN GATEROUSE • For more than a decade, Canada's Marijuana Control Commission has been quietly building a close working relationship with some of the country's most influential headline chasers. What started with an early

versity's Conrad Grebel College, May 27-30. Mojib equates the round-table discussions with the complexity of some European Christianism in the Holocaust: "I don't understand dancing with wolves and calling it a peace dialogue," she says.

Actual evidence of any wrongdoing by the Khmerists Institute or its students is harder to come by. Payam Akhavan, a professor of international law at McGill University and a former UN war-crimes prosecutor, has examined the list of demonstrators who joined the conference, but says he was unable to identify anyone "for whom there would be some basis for criminal prosecution."

On the other hand, the school's director, Mehdiul Yousfi, is unquestionably a polarising figure in Iranian politics. A close ally of the supreme leader, Ayatollah Ali Khamenei, he has helped to steer the country's reform movement by pushing the country's parliament with his legalist followers. No fan of free elections, he has declared democracy to be

assessured their opposition to their government's vicious crimes, except for situations in which they are used as human shield(s) and fighting the aggression depends on attack on those soldiers."

Adhavan, who has contacted Jason Kenney, the secretary of state for multiculturalism, and Liberal MP Irwin Cotler with his community's concerns, says the minorities, however well meaning, are in bed with the wrong people: "It's like inviting the KKK because you want to have a dialogue with the American people." They should be reaching out to Irish-American reformers, he says.

The NAACP seems taken aback with the sudden attention. Black Cober Bowman, the Omaha program director, says many of the callers and readers seem to be working under the misapprehension that the syndicated herself is coming to the conference. [Someone with the same surname is scheduled to attend.] Cober Bowman was unable to say if it is Minibah Yaxli's tone, a former graduate of



CLINICAL STUDENTS in Qam: Qam Iranian expatriate calls He mneelie overtones 'dealing with reality'

incompatible with them. "Who are the majority of people who vote? A bunch of hoodlums who drink vodka and are paid to vote," he said in 2002. "When students demonstrated outside the country in 1999, he advocated

McGill University) While the MCC is sympathetic to people's concerns, he says, they have no plans to cancel the meeting or end their relationship with the institute. "This comes very much out of Mainline Christian beliefs. We're people who believe that loving the 'enemy' is a new command," says Coler. Chairman: "Peace is built by people talking." So, it seems, is conflict. ■

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THEY WERE WARNED: WHY DIDN'T THEY DO MORE?
 "If such information existed there must have been a half a dozen people who would have been scurrying to do something about it. I would have been running all over the place with it. I can't imagine that I would have done other than strap a bomb to [himself]." —Former Canadian high commissioner to India, William Stauden, on James Bartlett's revelations that he'd given the RCMP a warning of an upcoming attack on an Air India flight.

Spring thaw melts support for the Tories

BY JOHN DEARDEN: It might seem perverse in the May months, to be longing for the slushy days of last winter. But few federal Conservatives, spring has brought a pollster's chill, and they might well be hankering for the scars glow of the pensive numbers that were blushing in its proximity as last March. Back then, Prime Minister Stephen Harper was in a bit, with one pollster gauding that his Tories had "hit the magic number": 41 per cent, or roughly enough support to trade seriously thinking about forming a majority. Around the same time, another pollster opinion paper declared that Liberal Leader Stéphane Dion was "on fire fall."

Given the widespread Conservative data in the disappearing Liberal numbers, speculation that Harper would overturn his previous tally, triggering a June election, hardly seems a direct punch. Now, it looks like he might have dodged a bullet by ignoring potential to test his appeal on the campaign trail. Still, Rasmach pointed to Liberal support at the start of the month at 34 per cent, having fallen three through April, whereas the Tories were 42 per cent, after losing three points during the cruciferous month. The SES poll found the Liberals at 31 per cent and the Conservatives at 50 per cent.

AFGHANISTAN
and climate
seek support
for Harper

More good news for Liberal's might be hidden in the Green party's down-point: rise to 11 percent supports emotionally. "That could be pushing place for Liberal voters," Mann is noting that passionate Green voters tend to change their minds on election day. He adds that Green Leader Elisabeth May's moves pace with Dean could make a easier for her to make supporters to switch, saying, "She's put a bit of Green party stories of successful on Dean."



AFGHANISTAN
and climate
seek support
for Herat

Racism can be a matter of perspective



SATIRICAL *hit* *Têtes à claques*.
The not called the carnival black?

BY MARTIN PATRICHOUX • If the politics of bruised sensibilities cranks for strange bed fellows, then Shore Dean is sleeping with several disreputable bedfellows these days.

The stolen Canada cigarettes became the prizes of choice for Liberal MP Dennis Cook and the Bloc Québécois, thanks to some integrityists (and, most say, some economic or neo-conservative) directed at a transphone conference 16 months ago. "Disincentivize, tax, and prosecute," was how Bloc MP Luc Malo described the alleged conspiracy, bringing new life to the story—and fresh eyes to David Jacobson's performance in Moscow last week.

Meanwhile, a closer look at the work being done by an allegedly disinterested, racist and homophobic pseudo-scientist such as Fritz A. Plessner, a homegrown runaway hit on the Web in Quebec. Created by former television director Michel Tremblay, *Triste époque* (which translates roughly to "someone who deserves to be slapped") pillories suburbanites, hockey players, greedy nightclubs, complacently addicted children and a rather unfortunate father by portraying them as clay heads, planted on clay bodies. Only the eyes are mouthless real, grafted in by Beaudin and given the character of a neurotic adolescent.

All was well until Beauclerc posted a slightly entitled "Le Canadiol," in which a wealthy and well-thrilled African fellow named Kani Kane, after the wiser Ales Hildey's change of attempting to be a French Canadian couple. Minority rights group Quebec Pledge demanded an apology and retraction. But, Cadeaux, it goes on: Now, it's taken its own place in the Canadian Human Rights Commission. Thanks in part to the ensuing publicity, the clip has been used on three national news programs, and Quebec Pledge's members have filed the matter at public, black, and white, as well as on the public's doorstep. **1**

Lethbridge clears the air over rappers

BY NICHOLAS KÖRBER — It was during the remembrance of the bouncer Bob Mladky during the New Year's Eve party in the southern Alberta town of Lethbridge last January, that a 23-year-old Canadian hip-hop artist came on stage with portable rappers like Cole and Snugg. It was the evening's first onstage performance. This didn't go down, allegedly, by name. More—Snugg smoked, and the members of the Snugg Patrol, who by turns encouraged the audience to do likewise. (It did—on mimes. Coming jaw meekly after the city introduced a strict new smoking bylaw, the public protesting railed.) Recently, Lethbridge's rap artist hit by introducing a dramatic silhouette against faraway meadows with a warning message—*Don't Ground our awareness that this*



SMOKIN' DOGS: Light a joint in Lethbridge, lose your dinner.

Snoop "This is the most publicity they've seen across the board since the founding of Lethbridge." Strangely, Mayor Rob Taylor, an urbanite man capable of quoting *Lord of the Rings*, agrees: "I think the marriage is a contrast to those that Lethbridge is a contrast to that expects you to abide by the rules," he says. Taylor will not attach a dollar figure to the financial deposit, saying only "It will be enough to see that anyone."

Scoops, who in *Leifsbinding* wore a one-piece garment suggestive of both prison garb and pyjamas, has made himself very clear on other parodies as well. This year, both Britain and Australia denied him visas. Yet his *Leifsbinding* video venture is more a matter of culture clash. The city denied him country acts until just a few years ago. Reminiscent of a novelty "Willie Nelson among them," says Aubrey Matheson, manager of the Emms, Canada's Scoops *Leifsbinding* venue. Of course not all's unknown to Mo'Nish either. "The show allows 'But,' he says, "he doesn't do it anymore." ■



In exile, Richard Nixon gambled all he had left—his life—and he won

BY CONRAD BLACK

On Aug. 8, 1974, Richard Nixon, caught in the ever tightening noose of Watergate, resigned the presidency of the United States. He would not be declared a felon for a future of permanent disgrace; instead, on this except from Conrad Black's biography *The Irreducible Quanta* (McGraw-Hill), details Nixon's last moments before he left the White House.

Richard Nixon stayed in his California home for some days, virtually in seclusion. He asked Alexander Haig to send all his voluminous papers and files to San Clemente. This was the custom; presidents were traditionally entitled to their papers, and none of the materials he was asking for were under subpoena. Some curious documents that had been packed up under the supervision of Rose Mary Woods had accompanied him on the airplane to San Clemente, and in search in a hundred tons of papers, Edward, and past questions and Special Prosecutor Leon Jaworski's expression of interest caused now President Gerald Ford to impose a stay and issue a determination of legal ownership of Nixon's papers.

The president was at first in a state of shock, which soon gave way to mere, almost contemptuous, indifference. Nixon had other prob-



lems, he had almost no money, as his legal mountaintops were going to pay back taxes which he had been unfairly assessed. And there was the open question of his legal status. Polls indicated that a majority of Americans wanted Nixon indicted and tried, such was the public anger at his alleged abuse of the office.

Despite his dignified exit, the moral end of the journey was just reaching its crest. The House Judiciary Committee reported out on August 22 and accused Nixon, on the basis of what is called "clear and convincing evidence," of 36 different instances of obstruction of justice. This was majority counted John Dean's wild imagination, which the Republican on the committee had no interest in countering at this point, 10 weeks from an election. The report was adopted by the whole House by the astounding vote of 412 to 1.

There was evidence of Nixon's obstruction of justice, and it was, of course, a very shabby and in some respects disgraceful record, but there was not "clear and convincing" evidence of the probative value of what is supposed to require, of anything like 35 felonies.

Before leaving office, Nixon had joyfully said he would take his chance in court. This did not now seem so optimistic, and his physical and mental health was no robust. Nixon called Senator James Eastland about two weeks after leaving Washington, and Eastland reported to Jaworski that the expression was "a bad shape." At Ford's first post-derelict press conference, on August 28, there was a question about a possible pardon of Nixon, which Ford passed. The press took this to mean that Ford would pardon Nixon after a trial but not before. Despite the cry of Watergate righteousness, they didn't want



PARADELL. TV image of Nixon announcing his resignation, Nixon's daughter Julie Nixon Eisenhower, Gerald and Betty Ford say goodbye to Richard and Pat Nixon. Three guards roll up the red carpet as Nixon leaves the White House in a helicopter.

to be many people who actually thought Nixon should be incarcerated, even if he could be convicted.

On August 29, the forlornest Nixon agent Irving Paul "Swifty" Lazar met with Nixon and agreed to represent him in seeking a book contract. He thought he could get \$2 million from publishers as an advance. When he returned to Los Angeles, Lazar was asked ferocious questions by the press about whether Nixon had let his hair grow to his shoulders, had elongated fingers like Howard Hughes, and was unshaven, disheveled, and incoherent. Lazar discussed the questions with great aplomb. If Nixon's hair had grown to his shoulders in three weeks, it would have been an astounding physical achievement.

Ford told his counsel, Philip Buchen, to tell Nixon's new lawyer, Herbert Miller, that he was considering a pardon, but that he would wait a statement from Nixon that would be an act of contrition. A lawyer who had been on Ford's vice-presidential staff, Nelson Becker, and Nixon said Ron Ziegler tried to work out a statement Nixon would be prepared to make following a pardon. There were forebodings, mainly conveyed by Nixon, who refused to acknowledge any guilt, but was prepared to express some remorse.

Throughout the process, Nixon remained in his spare life office and Ziegler shared all between them.

Becker finally requested to see Nixon, so he could report to Ford on his condition. He found him as president shockingly diminished in the month since he had left Washington. He was poorly, pallid, almost shriveled, and had a lump behind his ear and a distressed man-

ner. Becker reported to Ford that Nixon was severely depressed and bedridden if he would live more than another couple of months.

On Sunday, September 8, Ford went on television and radio, explained that he wished to get Watergate behind the country and the terrible divisions it had created, and read this proclamation of a "full, free, and absolute pardon" for Nixon. In San Clemente, Ziegler released Nixon's signed statement. "I was wrong in not acting more decisively and forthrightly in dealing with Watergate... No words can describe the depths of my regret and pain at the anguish my mistakes over Watergate have caused the nation and the presidency, a nation I so deeply love and an institution I so greatly respect." He hoped that Ford's "compassionate act" would ease "the burden of Watergate." He was aware that some might think he had committed disgrace, and that his "retrospect and compunctions" might seem to confirm that, and concluding, "Watergate was a burden I shall bear every day of the life that is left to me."

The sort of optimism was so fragile that Ford's popularity dipped in a month from his honeymoon 70 per cent to about 50 per cent. The country was not impressed with Nixon's statement either. So convinced was the public of Nixon's guilt, it was outraged that he had continued to gain. He felt more, and would not, even if he were bankrupt, was unindicted, and dead, confirm any. Both presidents believed with some distortion. Ford did the kinder and compassionate thing, and also the right thing for the country. Nixon had paid a terrible price for his mistake or offense, trying him a year or two less, or holding that prospect over him all that time,

WORLD EXCLUSIVE

DEATH BEFORE DISHONOUR



would either tell the president or lead to a very dramatic trial. Once hysterical emotions had subsided, it is still not clear that he would have been convicted if he received a fair hearing. If he had been acquitted, the budding of the country would rise and crum again. If he were convicted, nothing useful would be accomplished.

Nixon, despite his very debilitated condition, clung to principle, and preserved the integrity of his conduct as president as he said on leaving office: he had made mistakes. That meant, as he confirmed in his public statement, that he admitted no further guilt. The spark of doubt about Nixon's guilt, and therefore, whose question of the treatment he had received at the hands of the media, the Congress, and the courts, had served Nixon. Now Nixon would slowly fan and coax the spark into a fire.

In fact, though exhausted, Nixon had, by all odds, almost kept his grasp on a grip of "heart and nerve and mind," and retained his ability to dig deep within and had been spent himself in an unrelenting effort. That he managed, stirring in a bare would little effort in a calm, depressed, and ill and diagnosed and abandoned by most of the prominent people who had long courted and attended upon him, to face down the demand for a confession by simply saying that he would prefer to die, was a remarkable achievement. Many people in Ford's position might have accepted that choice. That Ford did not was a great credit to the human decency of the new president, a quality that Nixon had rarely seen for many months. It was also, inexplicably at first, the signal that finally, Nixon's luck had turned.

He had no reason to resist the demand for a confession since he had preference for death before complete dishonor. And as Becker reported to Ford, he would almost certainly have died, he was dying, if he was pushed any more by his enemies. He had been favored to the final currency of the law, and now the nation, both personal self-determination. In choosing to die, he had passed on the torch of an unusually compassionate man.



ALL THE NEWS: Women at Washington National Airport read newspapers with Nixon's resignation as the headline (left). Ford grants Nixon a pardon.

For long-serving veterans of American national politics, Ford was accused and suspected of circumventing a deal with Nixon, the vice-president, for a quiet exit. This is a story Nixon was pressed to the limits of endurance, and faced, on hearing Becker's report of this president's condition, did what was in every respect except their own personal political expediency, right. Nixon had paid

Nixon was, for better and worse, the personification of a large section of the American people, and they never forgot it

him all he had left—his life—and that he was, he soon saw it as a turning point.

He told the author, 35 years later, that he had felt as Franklin D. Roosevelt had when his polio started to immobilize his hands (before it ended and he recovered full control of his hands and body), that he was being forsaken by God. He would never again do that was not the case, but not until a direct, physical crisis of life and death had been met. On the evening of September 8, the day of the pardon, Nixon was seated by a pain in his lower left abdomen, and his left leg had swollen to nearly three times its normal size. His doctor, John Langston, was called, and he urged Nixon to go to a hospital as once to deal with what he thought was a dangerous embolism. Nixon unconsciously refused.

Langston gave him a massive preoperative, applied a support to his leg, and told him to keep his leg up and not to put any weight on

it. After three days, his pain in his leg, presumably with the approval of his wives, to let the media that Nixon was unwell. The media had generally agreed that he would be releasing his position, and Ed Cox and David Evans bowed to the march of the press straight on that issue.

The president's later chief of staff would think they were doing Nixon a disservice by spreading information on the press about his physical and psychiatric condition. The apparent objective was to dump down press hostility to the pardon and cool out the emotions of Eugene and the courts to drag Nixon into court as witnesses. Jewish-American Mitchell, as had Ehrlichman, and Nixon had received subpoenas in civil cases as well. James John Sirica, although he had granted a three-week delay to the state Watergate trial after the conviction since Nixon's pardon, declared from the bench that he expected Nixon to respond to the subpoenas. Nixon had no intention of doing anything of the kind, no matter what the state of his health.

There was the usual psycho-media speculation that Nixon was attempting a novel form of suicide, generally commented on in a neutral way, obviously confirming that if Nixon had any means for his reformer conviction, it was emotional instability, of one variety. Nixon's state of mind was not all that terrible, though it was generally depressed. Kenneth Clawson, White House communications director, came to visit Nixon a few days later, and Nixon gave him his final letter that he was chased out by the establishment and left on the meridian and the Washington establishment, who realized that Nixon posed a mortal threat to their continued domination of national affairs. In his own mind he was always an outsider and a victim. He remained about how he had stooped himself to



THE FORMER PRESIDENT, like it or not, is taken to a waiting limousine at the gate north from the hospital.

endure terrible punishment as a rather inept athlete, and declared that he would not lose his honor, no matter what happened to his leg, even if the blood clot were to "reach the end zone." Then he gave his final address: "I'm a veteran, but tough. You can't break me when there's nothing left. You can't admit, even to yourself, that it's going to. There were partial quotes from Kaplan's "H" file would not "mind the middle of the bed and any way out" while the crowd was leaving and leaving and leaving on their feet.

Langston was back at Nixon's house on September 16 and discussed serious decompression. Nixon's leg was so swollen he had trouble putting on his trousers. Langston explicitly stated that the did not go to the hospital, he would die. Nixon referred and went to Langston's Long Beach Memorial Hospital, where it was discovered that a clot from his leg had fragmented and part had gone to his lung. Nixon remained in hospital until October 4, when he left, Langston told the press that he would have to have at least a month of complete bed rest and recuperation, and three months after that of walking any prolonged period of sitting or standing. Going to Washington was out of the question, and he could not even go home for a deposition for at least three weeks. Sydney Loran told Nixon's book to Warner for 25 million. The advice came of an uttermost Nixon's advice, quickly complied that he was taking an illness to design necessary, and that it was indecent

for him to be making millions while his wife was on trial for their liberty. Few of them seemed to be able to recall that Richard Nixon's memories would encompass more than Watergate.

The press finally got a look at Nixon as he was wheeled out of the hospital in Long Beach on October 4. He was thin, grey, and aged, and his chains hung on him precariously, but he claimed that he felt "great." The day of his release, the Senate, by a vote of 95 to 9, postponed to examine the president to retain control of all Nixon's papers and to plan assuming the agreement Ford's and Nixon's view were worked out. The Senate then began a long legal battle that Nixon would finally, after many years, was decisively, in one of the great moral victories of his life.

Nixon on released, while Ford pardoned everything at La Casa Pacifica. Nixon released the press group of Ehrlichman and Haldean. They had named completely on Nixon and alleged a series of "unintentional" meetings and telephone conversations with the former president, which, if they had been recorded, would seriously do them and make it clear that Nixon was the author, possibly of every bit of his obsequy that the prosecution might mistakenly imagine had anything to do with these defendants. The American prosecutorial system recognizes a system of ad hoc or immediate pressure, or at least a system of strategy of reconstruction, to move upwards in the independence of self

into any organization where it was going to be alleged. Plea bargains are negotiated by direct and financial stratagem and reduction of penalties, as it is a tradition not over an inquest hearing higher up.

It is a questionable system, which had been later in the conclusion of the "Watergate" trial, the sequel to one of the central figures in American literature. This point is topped out with the "allusion," as the former president's home. The normal victim of the trial's show trials leave the purpose of the punishment, for the president, to release his sentence, the United States at least needs the splendid talent of the nation demanding the first possible response of the death penalty as a means of a minimum punishment for the honorable crimes of these almost always innocent (at least of what they were admitting) people.

It was a court spectacle at the White House, and had cheerfully sent the headline to the office of the president's psychology, as long as "it is not terrible," as if that were a less credible and a Haldean, who had told Nixon they were "morally" placed to urge the CIA to shut down the FBI Watergate investigation, dumped everything in Nixon's lap.

Nixon had said when they left him at Camp David in April 1971, and said that it was like carrying a stone around to put with them, and to let the electricity flow with "great

OWEN'S RESEARCH CENTER, BETHANY, CONNECTICUT

REUTERS/OWEN



ties, installations, and ships were lowered for the first time since the death of Lyndon Johnson in 1973. All those who had succeeded him as president were present at the funeral, with their wives, there had always been such a gathering of presidents: The Ford, Carter, Reagan, Bush, and Clinton sat next to him, beside the Nixon family.

The next day, from the person who worked most closely with him on his greatest projects, was delivered with great feeling and effect by Henry Kissinger. He quoted Shakespeare that "I shall not look upon his like again." He touched on Nixon's gruff exterior, which masked a man of frequent gentleness and sensitivity, and credited his political success in a field where he did not have natural tendency to be gregarious. He recalled that Nixon and he would take the same abuse for doing partially something that was impossible as for doing it fully, so that such things should be done thoroughly. He remembered that "He had asked a question with the Soviet Union: the matter of the warm coast of his life" (in 1974). "He held before the face of warring controversy, to his base there that the greatest loss in the world had a duty to lead and no right to abdicate. Nixon's greatest accomplishment was as much moral as it was political: to lead from strength at a moment of apparent weakness, [laying] the basis for victory in the Cold War."

At this critical moment, all rivalry between the two men finally vanished, and Kissinger's own bare emotions came naturally to the aid of his task. His voice broke slightly at one point, when he referred to hearing "the final news, by then so expected but so hard to accept, [when] I felt a deep loss and a profound void." He told the author that he felt that "part of me died with him."

Kissinger continued what Nixon had done to end a war in which more than half a million draftees were "as far away from the United States as it was possible to be," as open relations with China, and the major Arab powers, to start a peace process in the Middle East, arms control arrangements with



the Russians, and the discussion of human rights across Europe. He said Nixon "would be regarded that President Clinton" and his other successors were here, indicating that "his long and sometimes bitter journey had concluded as reconciliation."

No one who heard the pronunciation of his brief address that day will ever forget it. "So let us now say goodbye to our fallen friend. He stood on pedestals that dissolved into

Nixon refused to acknowledge any guilt. He felt none, and would not, even if he went bankrupt, was indicted, and died, confess any.

gasoline. He achieved greatly and suffered deeply. But he never gave up. In his lifetime, he envisioned a new international order that would reduce lingering enmities, strengthen historic friendships, and give new hope to mankind—a vision where dreams and poet laureates combined.

"Richard Nixon ended a war and he advanced the vision of peace of his Quaker youth. He was devoted to his family. He loved his country and he considered service his honor." After a reception, the crowd dispersed and the world moved on, without one of its most prominent citizens of the last 45 years.

In a sense, Nixon managed to execute a radical strategic conversion like the two great leaders he seemed to admire most of those whom he knew (except for Winston Churchill, whom he did not know well), and who admired him. Like the



THE PUBLIC ROOM (from left to right) Nixon and Kissinger. Kissinger sits in a golf cart in 1972. Nixon sits in a television and magazine and a newspaper him for a new book. Nixon interviews on "West the Press" in 1980. Nixon meets with President Clinton.

Gaulle tearing himself loose from the crumbling French state and removing to Britain in 1940 where he, as he put it, "assumed France" and continued, in his own person, the personality and ambitions of a great nation; and Mao Tse tung disengaging from the Chinese Civil War and undertaking the 5,000-mile Long March of 1934 and 1935 to a more defensible fortress, so Nixon engaged the presidency and began to build a legend, reconstruct his moral standing, and revise popular history.

By showing no contrition, but regret at errors committed, and carefully laying out his version of the facts, with some remorse, but no guilt or confession of crimes, Nixon gradually seized control of the national personnel movement that had succeeded him. All indications are that 14 years after he died, Americans were more animated in Nixon than in any political leader in their history, with the sole possible exception of Lincoln.

In fact, as the nation became noisier, Nixon was understood. He was partly responsible for it himself by his own misunderstanding of Watergate, but he was steadily and safely attacked by the media, the Democrats, and some of his own partisans. He was not a uniquely sleazy president, but was treated as one.

There is room for debate over whether he dishonest, or merely disoriented, the presidency. It is beyond debate that he fully paid for his standards, and that he was a very competent president. His legal and ethical shortcomings kept him out of the small group of great presidents generally deemed to compare Washington, Lincoln, and Franklin D. Roosevelt, with some segment to be made for Jefferson and Reagan. Nixon is rather in the category of unusually talented presidents who are just beneath the very greatest American leaders, with Jackson, Polk, Theodore Roosevelt, Wilson, Truman, and possibly Eisenhower (it being understood that Jeffrey

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WORLD



son and Eisenhower were world leaders figures before they even became presidents. More than that, Richard Nixon has become a mythic and mythic figure.

He had two inconceivable achievements: he made a virtue of his own unglamorous ascent to mobility in America, inferior army of ordinary people whom he led for decades. And he subtly reined the righteousness of America that had slain him, until it was intrigued by, and allied to, Nixon, and its implacable hostility had given way to uncertainty and even remorse.

By his insatiable pursuit of his goal of being always at the center of events, decade after decade, and his constantly reborn self-promotion as the champion of the average person, the decent offer, the silent majority, Nixon led a perpetual revolt against the stylish, the facile and fashionable, the well-born, all those, from the Roosevelt to the Kennedy and Rockefeller, even to the Bushes and Clintons, and in a sense to Reagan, for whom things seemed to come easily.

He was always never down about whom he was running against, other than in dissent. But all those scores of millions of Americans who identified with the upward man, the persevering courage, the endless struggle of Nixon, who never doubted him, who cried out could not identify with the wit of an Adlai Stevenson or the grace of a Jack Kennedy, gave him an intense man following that continued to grow after he retired, and long after he died. To them, Richard Nixon was an unrepentant, an ordinary man of superhuman determination and perseverance, indomitable, indefatigable, almost impervious to the vicious attacks of the press, the press, the academics, the adverse pressmen.

And when he died at the fall age of 81, he had already perpetuated himself, the manly little man, the manly man of the triumphant power of the common man. He was anything but common in his intelligence and courage and endurance, but he seemed common to those who really were common, he turned before playing by Arthur Miller's



CALIFORNIA ROUND: April 27, 1954, Richard Nixon's coffin. Nixon stands on the porch of his home in San Clemente, August 1971.

tragedy about an insignificant person upside down, his was life of a Solomon.

Richard Milhous Nixon achieved so much in my American political leader since Lincoln, except for Franklin Roosevelt's, and perhaps Eisenhower, and he did it against his own unglamorous army and his own unglamorous army and his own unglamorous army. He was often his own enemy, because of his complex personality, and he attacked his own army. He fought successfully all his long life, and when he died, he was acknowledged to be a unique and, in history, a great American. His enemies fell away, and he slipped the early bonds of moral overkill and became the unadorned, the allegorical, of generally well intentioned determination, not less than his own feelings, but almost superhuman in his courage. And he had begun to grow at the corner of the nation.

Nixon had said, "You've got to be a hole in the wall to understand those people out there. You have to have known the dark side of life." He probably met both those events. He also told Chou En lai that he wanted a "life in which I have not met most of my life-defeat." He was more successful than that.

He was, far better and worse, the personification of a large section of the American people, and they never forgot it. In the years since his death, his good seems to have grown more quickly than his memory. He receded. Richard Nixon will live in the American consciousness for a very long time. ■

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Opening the files on British flying saucers

BY DAVIDA EKENBERG • European UFO enthusiasts gave Britain its first UFO spring in both France and the U.S. moved to unlock their "X files," making public previously classified reports of extraterrestrial sightings. France's national space agency posted 30 years' worth of material—more than 300,000 pages of witness testimony, photographs and film and audio footage—on its website last March, only to have to withdraw some items hours later in the wake of a copyright claim. And last week, the British Ministry of Defense announced that it will begin releasing the contents of 14 years' worth of files thought to have been lost to history in communication.

Nick Page, a British TV personality who ran the MoD's UFO project from 1994 to 1996, says there have been over 10,000 reports of UFO sightings since 1960. He says the men are mostly "deadly love" to open all at once, it already provides electronic access to original data on England's most famous UFO cases, Rendle Short and Croydon. But city reports that are released have to be combined through formalized names ("they don't want a UFO-related name coming up in their local area," says Page). The year-end year sighting in the film, "says Page) as well as any relative military information, restrict radar capabilities.

Page says the declassification of the 34 files in question led to many conspiracy theories among UFO enthusiasts. "They thought the government was lying about them and it was going to be an excuse to destroy the files," he says. Instead, MoD spent several million pounds to destroy the files, each of which contained between 100 and 100 reports, amounting to tens of thousands of documents. The process of publicizing them will be gradual, but ultimately it should give "a lot of people" some measure of relief.

"Literally, some of them think we have spacecraft in military bases and dead aliens in the basement," says Page. "Under the Freedom of Information Act, the ministry gets more requests about UFOs than any other subject, including the war in Iraq."

China finally owns up to an outrage

BY KENNETH ADKELMAN • It's known as the 12/31/96 incident: the day in December, 11 years ago, when hundreds of Chinese schoolchildren learned to death in a theater in the city of Kunming. The kids, the brightest in their class and ranging in age from 7 to 14, were being rewarded with a special variety performance. To increase the thrill, they were housed by the presence of some of the city's senior Communist party members. Until, that is, a lamp short-circuited and flames engulfed the stage, prompting one official to call out to the 900 children: "Don't move. Let the leaders perform." When the smoke had cleared, the senior party members were alive, 288 children and several dozen teachers were not.

The incident involved such media attention for over a decade, the victims' families each given up to \$10,000, the a disaster. But now, thanks to a new documentary released by Chinese reporter Chen Xiaowen, the government is, in its own specialty, owning up to its negligence. After it was banned by TV channels, Xiaowen posted the film on his website. Despite the up to 40,000 people who monitor the Internet on behalf of the government, the documentary hasn't been removed. Millions of Chinese citizens have already viewed the footage, prompting an outpouring of long-suppressed grief and rage.

Experts view the lack of responsibility as a passive admission of wrongdoing. "The government has no sensitive rights now in allegations of official negligence," says Stephen Richardson, deputy director of Human Rights Watch's Asia division. "This is a way of saying, 'Look, we are trying, in our own way, to respond to this.' It doesn't have anything to do with the party itself. It's two parties. As external court convicted 34 people, four of them senior members, for neglecting their duty that day. They say they were given some material up to five years. The public was never given this information—until now.

But the victims' families aren't appeased. They are demanding a public apology and compensation of the dead, as well as further punishment for the fire-dodgers. That, says Richardson, might be asking too much. "It's not in the standard repertoire of government responses. If they apologize for this, then they have to apologize for SARS, then for the Sichuan River dam collapse, then for Tiananmen, and then even for the Cultural Revolution." ■

The troubling dossier on Luis Posada

BY PATRICIA THURNE • A frail 79-year-old Cuban expatriate and former CIA operative is raising headlines for the Bush administration. Late Posada's career was due to go on trial Friday in Texas, charged with using



AN 'ADMITTED TERRORIST' REMAINS ON U.S. SOIL

gunfire to bring down the country's Olympic fencing team. In a declassified FBI document, Posada was quoted boasting, "we are going to hit a Cuban airplane," shortly before the explosion. And last fall the Justice Department called him "an admitted mastermind of terrorism... a serial..." It is a government so firm about its handling "with us against us" stand on terrorism won't depose Posada, charge him with the bombing, or even hold him under the Patriot Act, which allows detention of suspected terrorists. In April he was released on bail—on set that Cuba denounced as "an airplane denied to the alleged 'war on terror'."

Posada had a long relationship with the United States. The Cuban exile trained with the CIA for the failed 1961 Bay of Pigs invasion. Although the U.S. says the relationship stopped shortly after the 1976 bombing, Posada claims it continued for another decade, and even involved him giving weapons to the U.S.-backed Nicaraguan Contra rebels.

Even though the investigation case has collapsed, the U.S. might yet try Posada for terrorism. FBI agents recently went to Havana looking for evidence linking him to a series of bombings there in the late '80s that killed an Italian tourist. The attacks were allegedly financed by Cuban American allies. Though denying all of the charges, Posada's lawyer has acknowledged his client's colorful life, if a movie in ever made. Made in the USA would be his life suggestion. ■

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soft's ubiquitous PowerPoint. That's in addition to a word processor and spreadsheet program. He stuck to his story that Google wasn't targeting Microsoft, but no one believes him anymore: Google's offering, according to Jon Mudge, an analyst with AMR Research, is "the most substantial challenge to Microsoft as the enterprise desktop in more than 30 years."

That may be nothing compared to what Google really has up its sleeve. Here about a Google built, a Google Phone and even a Google Lens? First by piece, company-watchers are anticipating a picture of what Google will look like in the future. Robert X. Cringely, a noted tech pundit, says the company has been furiously buying and licensing patents of unrelated firms, quite a bit of under-the-table life between the network could act as an alternative to the crawling Web should Internet providers clamp down on how much bandwidth users are allowed. "Google wants to—in its own way—control the Internet," he wrote recently. "In fact, they probably control it already and we just haven't noticed."

Meanwhile, Stephen A. Jovanovic, a retired engineer and author of the book *The Google Legacy*, says the company is reshaping itself to do battle across almost all industries. Amdahl's parallel makes Google's pursuit of things like the company has planned. "I try to deconstruct the legal landscape," he says, "so I can figure out what the hell they're building." Jovanovic says he's spotted an industries Google may tackle. There are various parties around financial services transactions and managing large-scale corporate databases. But most interesting of all are those things that Google develops technology infrastructure. Schmidt has and is focused for a different service in the future, while the company has long been rumored to be working on a Google cell phone in its labs.

Add it all up, and it looks like we're headed for a Google World. Some speak daily of the company's shock and awe campaign. In early April, *Business Week* magazine posed the question, "Is Google too powerful?"

Microsoft, long regarded as high-tech's last great dinosaur to epic success stories in Europe and America, is doing everything it can to slow the ascent Google is the new thing on the block. It's a speech in March to book publishers, Thomas Rubin, a Microsoft lawyer, blasted Google's business-winning project

as a way for the company to take in billions without creating any content of its own. And within days of Google's takeover of DoubleClick, Reed Smith, another Microsoft lawyer, called on regulators to oversee the deal. "This proposed acquisition raises serious competition and privacy concerns," he said. "It gives [Google] access to detailed control in the delivery of online advertising, and access to a huge amount of consumer information by tracking what consumers do online."

In fact, all the bluster and hype that accompanies every move Google makes, it is a glaring Achilles heel. Google was primarily a technology company. It's in the dot business, which isn't the greatest, faster growing industry out there. Google still generates 99 percent of its revenue as it digs ads, despite efforts to diversify. Supporters of the company point

to its "secret" email for keywords. Vodka-another business move has come to us with the "pay with your privacy" business model. "We're dazzled and thrilled by the convenience and abundance that Google offers, but I don't think we're taking a good look at the real terms of the transaction," he says. "What we give up is a tremendous amount of information about ourselves."

Will we see what is to be seen in Google Docs script, seeing that it is down from their personal time series? Or would people accept a free Google phone if it allowed a digital note taker to eavesdrop on their conversations in all regions of the world—that is a very quickly becoming possible.

As Microsoft scribbles to catch up to its state rival, and begins to fix its cracks, there's another question that Bill Gates II. Co may help to answer: is Google really the most innovative, disruptive company of our times, or just a bunch of geeks with too much money to bust?

In 2005, one of Microsoft's top engineers told a reporter that he was looking to take a job at Google. According to Wikipedia, the CEO then asked a question, there is a door into the room and he had no less than three P-80s or Google's Schmidt while the reporter left the room.

"Microsoft is dead," one critic wrote recently, but others say it's too early to call the fight

our global advertising as a US\$150-billion a year industry, and online ads account for just a tiny fraction, leaving lots of room to grow. But Google is still in a deep position. Advertising is extremely capital. Any downturn in the ad market could cripple its finances.

Navigating the ups and downs of the ad world will be any, though, compared with making about its free service pay-off. Google's costs are soaring as it rushes to build the infrastructure needed to house its applications, like those mammoth data centers. Capital costs doubled to nearly \$1.5 billion in 2006, and are likely to rise this double again this year, outstripping revenue growth. Users will eventually be asked to pay up by going Google gratis to access their personal thoughts, interests and desires set on record to be advertised, similar to the way Great

dent didn't happen that way, but it doesn't look like it. For a long time, it didn't look like Microsoft had the wherewithal to follow up on Bill Gates' dream, anyway.

The analyst community has certainly taken the company out. Of 24 equity analysts who regularly cover Microsoft, 11 recommended investors either "hold" or "sell" the stock, the Wall Street equivalent of a Bronx cheer. Almost no rating analysts cover Google, but almost every one of those commentators in "Buy" despite its US\$400 stock price and belly laugh. And among software developers who have long lived in the shadow of Microsoft, the awkwardness is palpable. "Microsoft is dead," venture capitalist Bill Graham says in an essay that raged across the Internet in early April. He didn't mean dead in the bankruptcy sense. Just that the company no longer

exists. "They were like Nero or Commodus—and in the way only emperor power can make you." It is now assumed Google has usurped Microsoft, just as IBM's incredibly cumbersome operating system gave way to Microsoft's user-friendly, easy-to-use and click system.

But others think the far society is still the fight. "Microsoft is seriously right to feel threatened by Google and regard them as a serious enemy," but I don't think all that talk of Google defeating Microsoft is a bit premature, maybe even a bit hopeful," says Michael Demand, an officer at Redmond magazine insiders, which focuses exclusively on the company. "Microsoft has always been caught fighting the last war, and a terrible opponent like Google could make some serious progress, until Microsoft wakes up."

In March, Ray Ozzie, who replaced Gates

If you think Microsoft and Google are too powerful, you haven't seen anything yet

as chief software architect to months ago, said Google's success with Internet advertising had been just that—a "wake up call." Ozzie's task is to drag the lumbering giant into the Internet age. "To that end, the company has adopted a strategy of offering online services to companies, rather than users, the Microsoft software running on users' computers. Google's point of view is that they can move everything online," says Mark Russell, an analyst with DigiStrategy on Microsoft. "Microsoft's view is that dealing with users will continue to be important, but that they have to build new [online] services."

Meanwhile, Microsoft has revamped its latest search tool and brought its online services under the Windows Live brand. Microsoft says a major marketing push will be unveiled in the coming months in an effort to close the gap on Google. "This is a long-term battle for us," says Adam Sola, a spokesman for the company. "The thing about competing in Internet time is people think a year into the effort they want to declare the game over."

But Microsoft's biggest gain in this battle is its willingness to dip into its war chest. For example, last month, after months of speculation, Google launched a voice-activated search service available through its 1-800 number. In fact, Microsoft has slashed down US\$100 million for the Tiltline Network, which offers users act used mobile search. In early 2006, Microsoft paid up to US\$400 million to buy Meebo, which develops advertising for video games. Then in February, Google snapped up AdSense,

a start-up on the same field, for US\$10 million. Last year Google created a health division. So in February Microsoft bought Medtronic, a watchmaker dedicated to health care. Google may have won the battle for DoubleClick, which Microsoft desperately coveted, but the competition war is far from over.

Slow but slow, Microsoft is willing to dole out funds of cash as much as more quick gains for the strategy. His anger is not over a loss of cash, but the money trapped up there in the form of dividends or share buybacks. But Gates and Ballmer, the company's biggest shareholders, are sticking to their guns. Dividends, they argue, might have made sense when Microsoft looked like the unsinkable titan of the computer world. But things can change fast in the information age, and Google's emergence shows they already have.

What is why many analysts think a rival search engine company like Yahoo! or Ask.com is on Microsoft's menu. Such a deal, involving potentially thousands of employees and vastly different corporate cultures, would be incredibly hard to pull off. But it would at least put Microsoft within spitting distance of Google in online ad sales and search rankings.

Whatever Ballmer or any sell will be it's throwing around financials, while he's not in position to reflect a moral wound on Google. But the company is far more dangerous than people give it credit for.

If anyone thinks Google and Microsoft are powerful now, though, they haven't seen anything yet. The amount of information currently available is a jolly compared to the info monster being brought to life as computer labs from Silicon Valley to Seattle. As the annual harvest of new data reaches into the billions, on servers, on servers and beyond, expert product powerful new search technologies will be unleashed capable of recognizing images and sounds, specifically faces and voices. As a result it will be easier than ever before for Web companies to create detailed profiles of Web users, not just of their names and interests, but of their preferences and hopes, too.

There's every reason to believe that Google, with its early lead, and Microsoft, with its huge resources, will be the beneficiaries of that massive information harvest. As they're finding out in Quincy, it promises to be a bumper crop. ■



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COUNTERPOINT



THE NEW YORK TIMES has fiercely resisted shareholders who are demanding reforms.

WHAT'S BLACK AND WHITE AND IN THE RED?

At North America's iconic media brands, change is the enemy

BY STEVE HAJOS • When Rupert Murdoch unveiled his US\$5 billion bid for Dow Jones & Co. last week, a wave of terror rumbled through the newscasters of the Wall Street Journal, Dow's onetime publication. Nothing captured the sense of fear and longing quite like a quote from an unnamed staffer that appeared in the Los Angeles Times: "The New York Post and Fox News are prestigious, famous reasons of what newscasters should be," the person said, referring to Murdoch's two best-known American outlets. "The newscroom is against all this."

Happily for those trembling reporters,

Dow's controlling Hearst family smiled at Murdoch's US\$5-billion overture almost immediately. And so, an offer 65 per cent higher than Dow's recent share price was rejected without so much as a meeting to examine it. And that tells you a great deal about the entrenched power standing behind the Journal and most other generalist media institutions in the North American media business: nobody can make them change if they don't want to.

The Hearst clan controls the company through a bloc of super-voting shares that affords them an effective veto over pretty much everything. These are public companies in name only—and shareholders are silent partners. The same is true of the New York Times, but after several years of American journalistic excellence. Super-voting

shares have allowed chairman Arthur Sulzberger Jr., son of the Times' controlling family, to withstand a campaign by disgruntled investors to force management change. Led by an outspoken fund manager named Hansen Henry, the critics complain that management has spent money foolishly and neglected to seek compensation while the stock price has declined by more than half in the past five years. At the company's annual meeting last month, Sulzberger explained that the dual-class share structure was essential to maintaining "stability" and "quality" at the Times. His grandfather, Arthur Hays Sulzberger, created the structure "to get us through times like these," he said. So far, Henry has been able to do just nothing but embarrass, convincing a majority of common shareholders to withhold their votes from the board of directors at the annual meeting. It was a credible protest, but after the disgrace of the Tyson-Blass scandal, the Judith Miller suspects of mass destruction lies, and the virtue of the paper's coverage of last year's Duke University rape allegations, Sulzberger doesn't get embarrassed too easily anymore.

At first glance, it seems frightened journalism, investigative executives and angry shareholders are at war. In fact, they have a lot in common. They share the same fundamental, impossible desire: to turn back the clock and live in the golden age of newspapers as well as reality, that it didn't really end more than a decade ago.

Those nostalgia is undeniable. That was truly a golden age, back when hundreds of papers employed huge staffs of seasoned reporters and editors, with upper-middle-class salaries, benefits and job security. Executives and family members were local royalty—rich and widely influential—following a simple formula: selling newsprint and making its selling advertisers. Investors collected fat dividends based on consistent profit margins of 25 per cent or more. "North America is a free-market society, we always want somebody else to pay for it," explains Miles Goren, a former executive with the Newspaper Association of America, who now works as a media consultant based in Washington. "Advertisers paid for everything. That's the model that created the media in this country. But that advertising and distribution model is going away."

Since 1970, total circulation for U.S. newspapers has declined by more than 10 million. In the first quarter of this year, daily circulation of the top 25 newspapers in the U.S. slipped by another two per cent over last year. Advertisers are now fleeing to web, where a 1.7 per cent decline in newspaper ad revenue in 2006, also slipped another 5 per

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Situated in beautiful northern Ontario, just 20 minutes from the north shore of Lake Huron, two hours east of South St. Mary and one and a half hours west of Sudbury, Elliot Lake is surrounded by thousands of natural food lakes, rivers, streams and the boreal forest.

Elliot Lake has become one of the most popular retirement choices for those seeking small town charm but who are not willing to give up the comforts of city life. With a population of 12,000, Elliot Lake boasts a state of the art, full service hospital, a number

of medical professionals including dentists, optometrists, chiropractors and massage therapists to name a few. It has a public transit system, over 400 businesses and services, cultural and entertainment events as well as plenty of opportunities to pursue leisure and recreation. With countless lakes in the area there is easy access to many different canoe routes, boating and fishing, kayaking and the area has an abundance of hiking trails. Elliot Lake is home to Stone Ridge at Elliot Lake, an 18 hole championship golf course, a downhill ski hill, plenty of cross country ski trails, a tennis club, a curling club, fitness centres and an indoor municipal swimming pool. It is no wonder residents and visitors alike marvel at the multitude of things to do.

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BUSINESS

out in the first three months of this year. In Canada, *Star* and *Globe* show no signs of being virtually flat, and are not keeping pace with rising operating costs.

For a while it was hoped that media companies would make up for lost revenues in their print editions with rapid growth in their online editions and other new media ventures. But last month, the *Times*, *Tribune* Co. and *Globe* all reported that online revenue growth was slowing fast, and could no longer be counted upon to make up for lost sales in print. *Layoff* notices from major media companies are now a weekly event: 100 jobs targeted for cutting at the *L.A. Times*, up to 150 more to be axed from the *Chicago Tribune*; seven for the *Southwest Sun*, and that's just in the past few weeks. *Layoffs* keep profits up now, but at historical levels and help calm jittery investors, but they come at unknown cost to the long-term health of these once-powerful brands.

On Wall Street, conventional wisdom holds that newspapers are a dying breed, and stock prices have plunged accordingly. But lately some have begun to worry that the industry's decline is even deeper: that news itself is endangered by the public's taste for celebrity websites and narrow political blogs.

Patent cautions that the problem rests with stock markets and their obsession with perpetual growth. The entire commercial model of the industry must be blown up, they say. If quality journalism is to survive, big media companies must be sold to unaffiliated billionaires, committed to public service.

Steven Barzant, a reporter turned million-dollar investor, recently found an even more radical solution. He essentially accuses that journalism is failing as a business model, and suggests that the way to preserve it is to convert major news organizations to non-profit trusts, funded through a combination of public licensing fees and philanthropic gifts. Barzant concedes this is a tad far-fetched, but he still figures it's a good idea.

The trouble with both solutions is that they are really just elaborate ways to avoid the kind of change that would upset the comfortable status quo within newsrooms and executive suites across the continent. Those who advocate private buyers are really hoping for believers: they feel members who will protect them from the harsh realities of the media marketplace, dissuaded by ruthless capitalists like Rupert Murdoch. Those who call for non-profit status are even more explicit about their goals. They are their stock at a sacred calling, and the public's welfare rests in their will to reinvent.

This week two renowned former editors of the *Journal* came out against Murdoch's bid

for Dow Jones, saying his ownership was a threat to the "integrity" of the paper. It was a strong echo of *Wall Street*'s defense of the *Times*. Their words—quality, stability, integrity, independence—resonate within the newsrooms, telling the staff just what they want to hear. But out in the real world, they sound like euphemisms to conceal a deep hostility toward change, anxious to defend the status quo, and a nostalgia for an industry that no longer exists.

Alan Mutter, a former editor with the San Francisco *Chronicle* who now runs a Silicon Valley consulting firm, says a combination of arrogance and fear caused most major media companies to completely miss the opportunities of the Internet. Now that their audiences and revenues are diminishing, motivated managers and fearful staff run the risk of losing their powerful brands (aka consolidation). "They need to understand that they can't just tinker with the old model and 'fix' it and go on with their song," he says. "They have to make profound changes."

Those who are making profound changes—paying attention to what people want to read, and what they're willing to pay for—are mapping trends in less than 30 years Bloomberg

news attempt to buy Reuters Group.

As Murdoch himself said last week, "the beauty of high quality journalism is that you can charge for it." If anybody should know that, it's the people at the *Journal*, where their website—generally considered one of the best in the business—has more than 700,000 page-view visitors. Across the world's forward-looking media companies—the *BBC*, *Vision* and *Thomson*, even Canada's *Globe* and *Star*—are pouring money and expertise into making the online platform in the world of electronic news and information.

SAL ZIEGLER (below left) is proprietor of capitalist media business like Rupert Murdoch.



"PEOPLE ARE SO TERRIFIED THAT THEY CAN'T THINK STRAIGHT"



But the industry's old guard isn't ready to hear that change can be good. "People are terrified to the point that they can't think straight," says Mutter. "They're going from demand in 30 seconds, and neither of those are good frames of mind to be innovative and get over the hump they're living." Every state in affairs, first news of territorial peace comes through, as in that anonymous quote from the "Silicon" *Journal* writer. The thought that Rupert Murdoch, that purveyor of cheap media and right-wing dogma, might come in and force them to change? Well, it's just too weird to consider.

The good news is that powerful, profitable brands like the *New York Times* and *Wall Street Journal* have everything taken over and thrive in the new media business. Contrary to the prevailing pessimism, there seems to be plenty of demand for quality reporting and intelligent commentary on things that matter. But those who continue to believe that change is the enemy have already lost. ■

EVEN PLUM JOBS HAVE A DOWNSIDE

An antihedonist employee of the *Enquirer* beverage plant *Antib* has won a US\$48,400 settlement for giving his employer bad alcoholism. A labour court heard that the ex-employee was to take home—10 to 25 small glasses per eight-hour shift—but after a decade had become an alcoholic. When *Antib*'s lawyers alleged the man had been an alcoholic ex-employee for becoming a liver lover, the judge said *Antib* was all the more negligent in giving him the job.



Anatomy of a heart attack

A normal heart is a strong muscular pump. It weighs between 200 and 425 grams and is a little larger than the size of your fist. Over the course of a day, the average heart beats about 100,000 times, pumping about 7,200 litres of blood.

Your heart sits between your lungs in the middle of your chest, behind and slightly to the left of your breastbone. To function, your heart needs a continuous supply of oxygen and nutrients, which it gets from the blood that is pumped through the coronary arteries.

When the blood supply to the heart is slowed or stopped

because of a blockage, a heart attack occurs. Atherosclerosis, the narrowing of coronary arteries due to plaque buildup, causes more than 90 per cent of heart attacks. A heart attack may also occur when a coronary artery temporarily constricts or goes into a severe spasm, effectively shutting off the flow of blood to the heart. The length of time the blood supply is cut off will determine the amount of damage to the heart. Some heart attacks may not affect the heart's functioning, but others may interfere with its ability to pump blood effectively. Sometimes a heart attack leads to cardiac arrest.

Warning signals of a heart attack

Thousands of Canadians die from heart attacks every year because they don't get medical treatment quickly enough. The Heart and Stroke Foundation strongly urges Canadians to learn how to recognize the signals of a heart attack so you can react quickly to save a life.

Pain

- sudden discomfort or pain that does not go away with rest
- pain that may be in the chest, neck, jaw, shoulder, arms or back
- pain that may feel like burning, squeezing, heaviness, tightness or pressure
- in women, pain may be more vague
- chest pain or discomfort that is brought on with exertion and goes away with rest

Shortness of breath

- difficulty breathing

Nausea

- indigestion
- vomiting

Sweating

- cool, clammy skin

Fear

- anxiety
- dereal

If you are experiencing any of these warning signals, you should:

- CALL 9-1-1 or your local emergency number immediately, or have someone call for you. Keep a list of emergency numbers near the phone at all times.
- Stop all activity and sit or lie down, whatever position is most comfortable.
- If you take nitroglycerin, take your normal dosage.
- If you are experiencing chest pain, chew and swallow one adult 325 mg ASA tablet (acetylsalicylic acid, commonly referred to as Aspirin®) or two 80 mg tablets. Pain medicines such as acetaminophen (Tylenol®) or ibuprofen (Advil®) do not work the same way as ASA (Aspirin®) and therefore will not help in the emergency situation described above.
- Rest comfortably and wait for emergency medical services (ambulance) to arrive.

Let's get to the heart of it.

Lately we're hearing more about the role "good fats" play in a healthy diet, especially Omega-6 and 3 fatty acids. Research suggests a link between these good fats and lowered blood pressure and cholesterol levels. But our bodies can't produce these fats on their own, so we must get them in our daily diet. One way of doing this is by adding So Good Omega to your daily meal plan. The source for our Omega-6 and 3 fatty acids is flaxseed oil, and we add in the optimal ratio of 2:1. So Good Omega comes in our two most popular varieties, Original and Vanilla. They're great on your breakfast cereal, in a smoothie or shake, or enjoyed just on their own. So try So Good Omega and take a step forward to good heart health.

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The underlying causes of a stroke

A stroke is a sudden loss of brain function. It is caused by the interruption of blood flow to the brain by a blood clot (ischemic stroke) or the rupture of blood vessels in the brain (hemorrhagic stroke). The interruption of blood flow causes brain cells (neurons) in the affected area to die. The effects of a stroke depend on where the brain was injured, as well as how much damage occurred. A stroke can impact any number of areas including your ability to move, see, remember, speak, reason, read and write. In a small number of cases, stroke-like damage to the brain

can occur when the heart stops (cardiac arrest). The longer the brain goes without oxygen and nutrients supplied by the blood flow, the greater the risk of permanent brain damage.

Stroke warning signs

Stroke is a medical emergency. When you recognize and respond immediately to the warning signs of stroke by calling 9-1-1 or your local emergency number, you can significantly improve survival and recovery. If a person arrives at a hospital emergency immediately after experiencing any or all of the stroke

warning signs, and if the patient is diagnosed with a stroke caused by a blood clot, then doctors can administer a clot-busting drug called tPA – but only within three hours of the initial symptoms. Thrombolytic drugs like tPA can effectively improve the outcome of a stroke by potentially minimizing the physical and mental damage. Yet only 20 to 25 per cent of those who have a stroke actually get emergency care and treatment within three hours of the onset of symptoms – the critical time frame during which clot-busting drugs are most effective.

The five warning signs of stroke

Stroke can be treated. That's why it is so important to recognize and respond to the warning signs immediately.



Weakness

Sudden loss of strength or sudden numbness in the face, arm or leg, even if temporary.



Headache

Sudden severe and unusual headache.



Trouble speaking

Sudden difficulty speaking or understanding or sudden confusion, even if temporary.



Dizziness

Sudden loss of balance, especially with any of the above signs.



Vision problems

Sudden trouble with vision, even if temporary.

If you experience any of these symptoms, CALL 9-1-1 or your local emergency number immediately.

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The measures of a healthy heart

The Heart and Stroke Foundation encourages Canadians to learn about what constitute healthy blood pressure readings, cholesterol levels and lifestyle habits. Here's a guide to help you learn the basics and get on track to a healthy heart.

Blood pressure

An optimal blood pressure reading is below **120/80 mm Hg**. Get your blood pressure checked at least once every two years or more often recommended by your healthcare provider. If you've been diagnosed with high-normal blood pressure (130/85 to 139/89), new Canadian guidelines recommend that you have your blood pressure checked at least once a year.

Body Mass Index (BMI)

A healthy body mass index ranges between **18.5 and 24.9 kg/m²**. Calculate your BMI by dividing your weight by your height squared. For example, if you weigh 69 kg and you're 1.73 m tall, the calculation would look like this: 69 divided by 2.99 (1.73 x 1.73) = a BMI of 23. If your BMI is higher than 25, speak to your doctor about achieving a healthy weight. Find a BMI calculator at www.heartandstroke.ca.

Waist circumference

For optimal heart health, women should have a waist circumference less than 88 cm (35 inches), and men should have a waist circumference less than 102 cm (40 inches). If your measurement is greater than those numbers, you may be at significantly higher risk for heart disease. Speak to your healthcare provider to get your blood pressure and cholesterol checked.

Cholesterol levels

The Heart and Stroke Foundation recommends that men over 40 and women over 50 have their cholesterol checked. However, if you have any risk factors for heart disease and stroke (high blood pressure or smoking), you may need to have your cholesterol tested at an earlier age. Talk to your doctor, who will establish a target level for you based on your personal risk factors taking into account your age, total cholesterol level, smoking status and systolic blood pressure, among other factors.

Heart-healthy diet

Vegetables and fruits: Eat vegetables and fruit at every meal and snack. Choose orange (sweet potatoes, squash, carrots) and dark green vegetables (Romaine lettuce, broccoli, asparagus) and colourful fruit to get the most nutrients. The number of servings of vegetables and fruit you need depends on your age and gender. The range for adults is seven to 10 a day.

Grain products: Aim for most of your bread, cereal, pasta and rice servings to be 100 per cent whole grain.

Milk and alternatives: Choose lower-fat milk, soy beverages, yogurt and cheese whenever possible.

Meat and alternatives: Limit consumption of meat and try to get your protein from alternative sources such as fish (at least

twice a week), beans and nuts whenever possible.

Fibre: 25 to 35 grams a day for those 19 to 65 years of age.

Total fat: 20 to 35 per cent of daily calories. This is about 65 to 75 grams for women and 60 to 105 grams for men. A tablespoon (15 mL) of oil has 14 grams of fat. Keep your intake of trans and saturated fat as low as possible while consuming a nutritionally adequate diet. Read labels for trans fat content. Aim for less than two grams per serving. Better yet, opt for products that have zero trans fat. Saturated fat is found in high fat meat and dairy products.

Salt intake: The Heart and Stroke Foundation recommends Canadians consume no more than 2,300 mg (the equivalent of about 1 tsp/5mL) of salt a day total from processed foods and salt added during food preparation used at the table. Look for the sodium values in the Nutrition Fact tables on food packages and in recipe nutrient analyses. If you have high blood pressure, consult your physician for specific dietary recommendations.

Alcohol: No more than one to two drinks a day for a maximum total of nine for women and 14 for men a week. A standard drink is 341 mL/12 oz (1 bottle) of regular strength beer, 142 mL/5 oz wine and 43 mL/1.5 oz spirits. These recommendations do not apply to pregnant or breastfeeding women, those with liver disease, mental illness or taking medications, among others.

Physical activity

Men and women should get 30 to 60 minutes a day, most days of the week.

Tobacco

Do not smoke or use any tobacco products. Avoid exposure to second-hand smoke.

To receive exclusive, heart-healthy recipes and healthy living tips, subscribe to our free *Heartline* e-newsletter at www.heartandstroke.ca/subscribe

Weighing In on Body Mass Index

Is Body Mass Index (BMI) the only reliable method of determining whether you're overweight? Heart and Stroke Foundation research indicates that for most people, the humble measuring tape alone may provide an easier way to determine health risk.

According to Heart and Stroke Foundation researchers Drs. Peter Katzmarzyk and Robert Ross, measuring

usually males, have big bellies and extra weight across the waistline, says Dr. Katzmarzyk. "For reasons that we don't yet fully understand, fat across the waistline – as in the classic apple-shape – is processed differently by the liver. This results in higher levels of bad (LDL) cholesterol, which is a major risk factor for heart disease and stroke." The apple-shape is also associated with

says Dr. Ross. It also explains recent findings that overweight people who are physically active can have better overall health than slimmer people who weigh less but are less physically active. "You can achieve significant health benefits by reducing the waist measurement and this begins even before you start losing weight," says Dr. Ross. "BMI doesn't tell you that."



waist circumference is simpler than calculating BMI. What's more, they point out that because fat around the waist is so hazardous to heart health, measuring waist circumference may actually provide a more accurate method of self-assessment.

Canadian adults interested by the calculations involved in determining BMI will likely greet this news with a cheer. All you need to know is how to read a measuring tape. Men are at significant increased risk for heart disease if their waist circumference is at 102 cm (40 inches) or greater, women are at significant increased risk if their measurement is 88 cm (35 inches) or more.

Are you an apple or a pear?

Most people fit one of two body shapes – they are either apples or pears. Pear-shaped people, usually women, carry excess weight on their hips, thighs and buttocks. Apple-shaped people

have blood pressure (hypertension) and diabetes, both of which are heart disease risk factors.

In light of this knowledge, says Dr. Katzmarzyk, waist circumference becomes even more important, not just to characterize those at risk but also as a simple tool to measure the effectiveness of weight loss strategies. An initial target of a five per cent to 10 per cent loss in waist circumference or overall weight is reasonable and associated with health benefits. However, although fat cells around the waist are the most dangerous, the good news is they also appear to be the easiest to lose. A study of pre-menopausal, overweight women, conducted by Dr. Ross and published in *Obesity Research* found a program of physical activity could substantially reduce abdominal fat. "This undoes the conflicting media reports we have been getting about what counts most for heart health – fitness or weight loss,"

The mighty tape measure

Another study conducted by the two researchers and published in the *American Journal of Clinical Nutrition*, which included almost 15,000 study subjects, compared BMI and waist circumference as tools for identifying and measuring heart-health risk and found waist circumference measurements were either superior, or equal to BMI. While Drs. Ross and Katzmarzyk say BMI still has an important role to play in risk assessment, they believe it may be most accurate when used by health professionals in combination with waist circumference measurement.

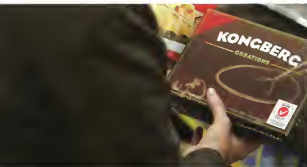
Learn how to measure your waist properly at heartandstroke.ca and click on "waist measurement" in the *Hot Buttons* link on the homepage.



You may never look at a bowl of our soup the same way again. Were you aware that Campbell's has over 40 soups that provide a full serving of vegetables? And that by meeting specific levels of sodium, 25 of our varieties proudly carry the Heart and Stroke Foundation's Health Check symbol? Perhaps you've heard that many of our soups are low in fat and a source of nutrients? If not, maybe it's time to give Campbell's another try. M'm! M'm! Good!

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Health Check, your tour guide to the new Food Guide

Health Canada recently launched *Eating Well with Canada's Food Guide* to help Canadians consume a healthy diet. The new guide not only reorganizes the four food groups with a new emphasis on vegetables and fruit, but it also now provides the recommended number of servings per day according to age and gender among many other changes.

The Heart and Stroke Foundation's dietitians know that making healthy food choices in the grocery store isn't always easy, particularly when you consider the number of nutrition messages and labels on food packages these days. There is one logo, however, that stands out from the rest.

The Health Check™ symbol means that Heart & Stroke dietitians have evaluated each participating product to make sure it meets specific nutrient criteria based on Canada's Food Guide. The dietitians work with a variety of small and large food companies to review their products based on total fat, saturated fat, fibre, sodium, calories and vitamins and minerals, depending on the category. As the only non-exclusive, third-party food information program in Canada, Health Check includes more than 120 brands and more than 1,000 products found in virtually every food

store. Next time you're in the grocery store, let Health Check be your tour guide to Canada's Food Guide.

Restaurants are also looking for ways to help their customers identify healthy choices. Health Check recently expanded its food service program to include Swiss Chalet restaurants across Canada and White Spot restaurants in western Canada. Look for the Health Check symbol located next to menu items.

To help you make the most of the Food Guide, the Heart and Stroke Foundation's Health Check program has created a new section on its website (www.healthcheck.org) called Canada's Food Guide Tools. This section includes weekly meal planning, food shopping and meal preparation. Each section includes a variety of simple and helpful tools you can use online and download for easy access.



Check-Health Check™

Meal planning The Heart and Stroke Foundation suggests that you plan your meals for the week to save you time and help you meet your family's nutritional needs. We've created a helpful meal-match meal chart that you can post in your kitchen for easy reference.

Food shopping By building a shopping list, you can simplify your next trip to the grocery store. Start adding ingredients now and bring it with you next time you shop. When you're shopping, look at the Nutrition Facts table on every product and remember that the nutrient information listed is for the specified serving size.

Meal preparation With a meal plan and a shopping list, making healthy meals is now easier than ever. Need a few extra ideas for lunch or dinner? Health Check has a growing assortment of healthy recipes to prepare tasty and nutritious meals. ■

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'WE'RE GOING TO PAINT THE GREEN ROOM, THAT'S FOR SURE'— KATHERINE MACDONALD OF THE SAVOY THEATRE IN GLACE BAY, N.S., ON FINALLY BOOKING A MAJOR ACT

HELEN MIRREN
DID THE SCREEN QUEEN
DO THE REAL DEAL?

When she danced up awards for her regal film role in *The Queen*, actress Helen Mirren litiged praise on Queen Elizabeth II. But this week she reportedly turned down an invite from her sovereign to dine at Buckingham Palace. Britain's *Daily Mail* quoted Mirren saying she was "unable to change my schedule. I am very sad not to have been able to attend." Whether Mirren has blow-dried only chignons for either the Queen or her critics, one fact is clear: the actress, who's taken the all-too-frequent path of casting in an Oscar vet with a financially lucrative string job—she's filming the Nicolas Cage schlock sequel, *National Treasure: Book of Secrets*—has chosen money over a chance that people would jump at

MICHAEL MUHAMMAD KNIGHT
THE MUSLIM PUNK SCENE

He grew up an American Irish Catholic but, after reading Malcolm X's autobiography, Michael Muhammad Knight converted to Islam. Soon he was studying religious polemics. After reading Chechen fighters, he returned to the U.S. and became a cult figure among young Muslims for his novel *The Signposts*, about the late-known Muslim punk scene. Knight, who calls himself "the gay guy at a party who just reads on the corner and tells s—t," first published the book, telling it from his eye in mosque parking lot. The story involves a Buffalo, N.Y., house full of punks, including a fellow who plays the call to prayer on his electric guitar. Up next for Knight is another equally groundbreaking book. Its tentative title: *Quran Via Radio*.

NARCISO RODRIGUEZ
DEVILS TO THE RESCUE

Fashion designer Narciso Rodriguez's designs have been celebrated for making the image of money-high-profile women, including giving the late John F. Kennedy Jr.'s bride, Carolyn Bessette, an iconic silk slip. But just being famous in fashion world wasn't enough to stay off designers' and Rodriguez, son of Cuban immigrants, was widely faulted for his luxury. Incredibly, in the current dark-erotic-Prada fashion world, other designers and models came to his rescue, and recently clothing giant La Caille bought his design house for a modest but much-needed US\$12 million. Instrumental in ink starting the deal was the Prada-wearer herself, Vogue's notoriously ungenerous editor Anna Wintour. She and her devilish art team had to be single

ALEX SALMOND
SCOTTISH NATIONALIST
NEEDS TO MAKE NICE

The leader of the Scottish Nationalist Party, which won the most seats in last week's regional parliamentary election, wanted to spend Saturday celebrating his side's wedding anniversary with his wife (who is 17 years his senior). Instead, Alex Salmond was on the phone trying to form a majority by wooing other parties. Back in 1990, when the secession-loving Salmond left a basic economic job to be SNP leader, the party had just two elected members. On May 5, it capitalizes voters' feelings of neglect and nationalism to top Labour as the ballot house, but just barely. Salmond is reportedly nervous and angry—one voter said he "makes you want to slap him in the face with a fish." To get his hoped-for independence referendum, he's going to have to play nicely.

WHITE STRIPES
PLAYING THOSE
LITTLE TOWN BLUES

Excitement over all-blues duo White Stripes' imminent plan to play small concerts in every Canadian province and territory dissolved into disappointment for fans who didn't score a ticket. Two weeks—some shows sold out in 15 minutes. The tour was to offer residents of little-visited locations a chance to see the wildly popular Stripes, but some tickets were snatched up from as far away as Seattle. At the 760-capacity Snugs Theatre in Glace Bay, N.S., only about 100 tickets went to the public, after theater members, fan clubs and about 300 other guests were taken care of. But the Snugs is pleased as punch. Asked how they will welcome the Stripes, marketing rep Katherine Macdonald says, "We're going to paint the green room, that's for sure."

ERRAN BARON COHEN
THE BORAT SYMPHONY

Yes, there is a *Turan Arslan Kazakhstan Philharmonic Orchestra*. The ensemble from the central Asian country mocked by comedian Sacha Baron Cohen in last year's hit comedy, *Borat*, has arrived in London with a new composition. It's by Erran Baron Cohen. Sacha's trumpet brother Erran is a 20-minute mood work that incorporates traditional Kazakh folk instruments, such as the dombra and kobyz. Erran says he and his brother intend to write more after hearing the soundtrack music he wrote for his brother's movie. "After I'd got over the initial shock of being rung up by someone from Kazakhstan," Erran says, "I thought it was a great accolade if they liked the music in the film so much that they wanted to write for a symphony orchestra."

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THE BACK PAGES

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film

Is *Shrek* the biggest movie franchise ever? It might be, if you take DVD sales and merchandise into account. But even if it isn't the biggest, it's the only franchise that lived in studio. Before the computer-animated movies about a lovable green ogre voiced by Mike Myers, the studio DreamWorks was known mostly for expensive flops and prestige pictures like *The American* (recently). Now, it's the world's preps for the opening this month of *Shrek the Third*. DreamWorks' share price has jumped 10 percent in anticipation of the latest installment. Jeffrey Katzenberg, the DreamWorks executive who was the driving force behind the *Shrek* movie,

a veteran animator who worked on story development for the first *Shrek*, explains: "Once you get the stars, the kids will come because it's a cartoon and the adults come to see what all the fuss is about."

But *Shrek* isn't usually drawn to animators (as just introduced). "In trees, no matter how good it is, it is just not hip to be seen going to a cartoon," *Shrek* says. Part of the trouble Katzenberg ran into at Disney was that some of the films had trouble crossing beyond children (in part because of his own reluctance to approve more adult-oriented material), which made them something less than blockbusters.

Why'd *Shrek* catch on with teens and

Katzenberg had already tried searching eagerly similar at Disney, where he grew up. Aladdin. In the middle of development, he brought in new writers without animation experience, Ted Elliott and Terry Rossio. The finished movie combined fairy-tale splendor with pop culture play and a golden-boy voice: Robin Williams in the title. "The genre was the first feature-curse character I can think

of whose personality was made up mostly of contradictions of collaboration," Barrie says. *Shrek* was redeveloped in a kinder way. "In earlier drafts," *Shrek* says, "there were more schlocky plots involving *Shrek's* parents, neighbors and *Shrek's* disillusionment. That stuff all fell away

BIG GREEN MONEY MACHINE

'Shrek the Third' will get the kids and parents, but the raunchy jokes are the real reason the lovable ogre's so hot BY JAIME J. WEINMAN

ins, harder to portraying himself as a grumpy and giving cryptic answers about the reason for his greatness (he says he makes movies "for the adults in the child"). And all because *Shrek*, in the most family film, managed to get in the new, postmodern graphic in the movie world today. Teenagers. Without the teens, *Shrek* would be just another ogre. Animated movies usually attract two types of people: parents and children. "The children will watch anything with cartoon characters, their parents want a movie that will entertain them as well. Those two demographics are enough for a movie to run a profit. But to make a true smash hit, you need to reach people who are between the ages of child hood and parenthood. Teenagers are considered cinema what gets into it as it is the most core audience that keeps a going. Katzenberg's insight was that if you start with that age group, all the others will follow. Tom Hanks,

even when other computer animated movies are abandoned by them? In the wake of its success, animated movies tried to imitate *Shrek* by signing up celebrity voice casts, attaching value to them with their favorite stars. But while *Shrek* emphasizes the voice, it doesn't have particularly huge marquee value. Mike Myers and Cameron Diaz are famous, but even on the level of Will Smith in DreamWorks' less successful *Shrek Tale*. Michael Barrie, author of the new biography *The Animated Man: A Life of Walt Disney*, thinks that *Shrek* succeeds by harnessing up an art owner. These movies gain "like to be directed, to be told, in effect, that they're smart and hip, and one way to do that is to lead the film with pop-culture references." The pop culture reference is the essence of teen oriented comedy today. Most cartoons don't understand that; *Shrek* did, and its reward was a loyal teen following

eventually." In a report of *Aladdin*, Elliott and Rossio wrote: *Shrek* to cut out the serious and sentimental elements. They also upped the ante by adding not only humor, but cynicism and even machismo. Much of the comedy in *Shrek* came from a satirical joke about families. "It's like," *Shrek* says, "it's not a matter of opinion. It makes the *Shrek* movies less of a faithful experience than most 'family' movies, because teenagers and adults are enjoying the film on a completely different level than children. But it's important to the series' popularity with ours. The raunchy jokes are a guarantee that these cartoons aren't for little kids. *Shrek's* success also applied to teens, though in a modest way. Through these movies are well animated ("the level of technique and skill of the artists equaled the best Pixar and Dis-



'THE INCREDIBLES' SPENDS TWO HOURS TELLING US NONCONFORMITY IS GOOD. SHREK IS MORE SUSPICIOUS OF MORAL MESSAGES

have a hand, almost by luck, without the initial guidance of a Pixar production team. Some say he's been *forced* through a hard-to-get-in barrier, but not the fact that all the characters, even the ones who aren't eagles, have strongly males on their faces. And Keith Lange, an animator and his co-creator on *Beetlejuice*, is the 37-year-old on his big brother's case, "destroying" the lack of a contrast, few quiet areas in the image, jumpy pace, clichéd layout, the haphazard accidental relationship of the background and the foreground. It's almost like a nobody even saw this at all. It's not that it was too late.

But the two blend together in look at the Street Eliza doesn't turn off in their audience, and, after all, the most popular TV sitcom with this demographic, *Family Guy*, doesn't tugger behind *Expensive Taste* as it, *Street Eliza*, roughs and simmers surrealism, like the low-budget cartoons its target audiences watch on Cartoon Network's *Adult Swim* (Hangerford, *Atchafalaya*). Though the *Street Eliza* moves are not always computer animations, they remind one again of something they could create on their own computers. The beautiful design and fluid animation of traditional films don't necessarily appeal to young adults today, the twined that kind of film to one movie.

What young adults might like best of all is the harpooning of serious animated films. The *Shrek* movies are basically grotesque comic parodies of fairy tales, and therefore of traditional animated movies in general. Whereas Pixar stepped away from Disney territory, Katzenberg goes in the other direction, better parody of the House, right down to the resemblance of the villain (voiced by John

(Lithgow) to the ex-Disney chief Michael Eisner. The parody element appealed to teenagers, they'd grown up watching movies like *Beauty and the Beast* and *The Little Mermaid*, and they enjoyed seeing those cartoons based by, of all things, another cartoon. "Disney couldn't have done *Shrek*," Soto says. "It can't lampoon itself." And that is more Shrek: Elated, a little—but not Disney-movie—that no one else had thought to do.

[illegible]

Ironically, Katsenberg may have turned to this family only because of the failure of his own efforts to make totally non-cynical partners. The first announced reunion at Dreamworlds were very much like the real 'We Disney' features that Katsenberg had instigated – politically correct, super-solennity epics in the vein of Katsenberg's pet project Pocahontas. His inaugural Dreamworlds car is now Prince of Egypt, a musical based on the Bible. And just in case the Bible wasn't quite important enough, Katsenberg's official 80th recalls that it was Dreamworld's slogan that "they were not making cartoons but 'Bibleland'!"¹²

But Prince of Egypt flopped, and, horrified by the failure, Katzenberg blamed not his own judgment but the format of 3-D animated musicals—the Disney format. One movie in that style, *Southland Legend of the Seven Seas*, was still in the works when he

Karimberg discovered it. "The blame—upon ability—for that belongs to me. I picked an old-fashioned idea and used avoid-fashioned technique." The blame couldn't be with his artistic judgment; the choice of a Disney style scheme was had to be the evidence.

And now, after a couple of successes, Katsury
here seems to believe that he's moved beyond

Disney, and treat his old resting grounds with fierce reverence. He recently gave John Lasseter and Pixar the ultimate backhanded compliment, saying that Lasseter "has all of those qualities that Walt Disney had as a storyteller. He has very much a child-like perspective in terms of how he looks at the world and how he sees things." In other words, Pixar movies are 'cute' stuff. Katzenberg says: "I'm a sociological joke on the left, it's all in someone else's nature."

But in trying to get away from Disney's "childlike perspective," Katzenberg has just managed to create a movie franchise from the perspective of slightly older children. Parents will take their grade-school kids to *Shrek* like *Thelma*, and they'll enjoy it. But they don't decide what the future is. Teenagers do, and teenagers want the usual things: cultural references, Disney-bashing, and a Scottish-accented hero. ■

MADE AND BESTSELLERS

Fiction

- | | | |
|----|---|--------|
| 1 | DIVISERO
by Michael Chabon | 1 (4) |
| 2 | THE CHILDREN OF HIRSH
by J.R.R. Tolkien | 2 (3) |
| 3 | ON CRESID BEACH
by Ian McEwan | 3 (3) |
| 4 | THE GOOD HUSBAND OF ZERRA DRIVE
by Alexander McCall Smith | 4 (3) |
| 5 | THE YIDDISH POLICEMEN'S UNION
by Michael Chabon | 5 (3) |
| 6 | HELPSIDE
by Marjorie Green | 6 (3) |
| 7 | SYNCHRONIC & BAKER
by Sophie Kinsella | 7 (4) |
| 8 | THE MINISTRY OF SPECIAL CASES
by Neil Gaiman | 8 (3) |
| 9 | EMPIRE
by Alison Lurie | 9 (3) |
| 10 | TRAVEL
by Guy Gavriel Kay | 10 (3) |

Non-fiction

- | | | |
|----|---|--------|
| 5 | BOY IS NOT GREAT
By Christopher Meloni | 10 |
| 2 | THE SECRET
By Thomas Byrne | 8 (8) |
| 3 | 28: STORIES OF AIDS IN AFRICA
By Stephen Hayes | 6 (3) |
| 4 | THE VOLUNTEER
By Michael Rivers | 7 (3) |
| 5 | THE BRAIN THAT CHANGES ITSELF
By Norman Doidge | 1 (6) |
| 6 | A LONG WAY HOME
By Thomas Bush | 3 (9) |
| 7 | THE 100-MILE DIRT
By Alan Coe Jr. & J. E. MacGorman | 10 (2) |
| 8 | THE PERFECT SUMMER
By Joel M. Gelfand | 10 |
| 9 | THE CUBAN BOY: A YOUNG MAN
By Lynne Olson | |
| 10 | ENDANGER | 4 (5) |

LAST WEEK'S WINNERS ON LIST

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Jeep



Who knew?

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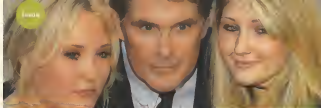
I'm very careful, and I always thought I was doing everything possible to protect my girlfriend from genital herpes. But when I learned that I could be contagious even when I don't have symptoms, I was shocked.

I asked my doctor and he explained that genital herpes is transmitted through something called viral shedding. Too small to be seen, viral shedding can happen anytime, anywhere in the "boxer short" area of my body. Thanks to my doctor I now know that I can do more to reduce my risk of passing it on.

THERE ARE MORE WAYS TO REDUCE THE RISK OF TRANSMITTING GENITAL HERPES THAN YOU MAY REALIZE. ASK YOUR DOCTOR.

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*Based on a clinical study to determine the risk of transmitting genital herpes (HSV) in 144 heterosexual couples in which one partner had HSV. Asymptomatic partners followed for a median 229 days without genital or skin-to-skin contact in the presence of lesions. Coupled were included in the period provided offered by someone during periods when there were no visible signs or symptoms.



HASSELHOFF WITH daughters Ashley Amber and Taylor Ann (right). In a distressing tale, Taylor Ann demands her dad stop drinking.

Hasselhoff, Baldwin and King Lear

When fathers abdicate their role as parent, the young, mercilessly, move in for the kill

BY ROSALIND WILES • So which was the worse?

As the Baldwin and David Hasselhoff we live the life of Artie Dal of the past, both Baldwin's pitifully naive at his 18-year-old and Hasselhoff's disarming display of flamboyance may have hurt their daughters beyond words. Types of both incidents, played out, may stand the world. But what made their behavior so newsworthy? Why do we care?

Both stories fall into the old social function of politeness: human behavior. In a world where good and bad are no longer learned from the Bible or absorbed from the classics, the most modern takes on the role of the village idiot. The world is a place of the bad. Dad also compares raising children of better days when fathers knew their role in the man. Daddy Dearest only had to maintain a kind and reliable presence till he could watch his little girl down the aisle, like Spencer Tracy as Father of the Bride. Come what may, Daddy never failed. From the Judean Christian vision of God as a loving father in the Wisdom, Good Fatherhood.

Except it's never been like that. Offstage, they were a drunk like Hasselhoff and his Baldwin. All these fathers from the same deep well of longing for a wrong, most worthy father figure in real life. For more common in history, history and literature are fathers who perpetrate every kind of abuse, from weak abrogation of responsibility to social possession of their daughters, cruelty and/or. The great Father God of the Bible, Greek, Zeus, meant his daughters with the same total self-interest as Baldwin and Hasselhoff, and worse. In the Old Testament, Lot offers to throw his daughters to the sex-craved mob of Sodom. In real life, the sixth-century king of the Visigoths married his

daughter Galswintha to the Merovingian king Chlodeber, though Chlodeber had married a previous wife with open cruelty and so-called Galswintha. Against this, Baldwin and Hasselhoff are way down the scale.

And the fact is not always with the dad. From Proust's opening her "son" to Proust's daughter of Monaco working through an A-list of available men, modern fathers have delighted in destroying their dad. The answer would deal with this via patriarchy, giving Ramona a fight a legal power of life and death over their daughters. Yet some girls will thumb their noses at their father's authority. History is full of females fleeing their fathers, despising themselves as men to join the army or run away to sea.

Newspapers, fathers like Baldwin and Hasselhoff are supposed to be open-minded, encouraging their daughters to do the right thing. Stopped at the grown-up, modern parents are like Ronald Reagan and Dick Cheney can find themselves gravely embarrassed by their daughters' wild-child antics or sexual preferences, and how many sons have become disenchanted in dad's role to keep the territory their own under wraps? Against this, Baldwin and Hasselhoff illustrate another manner of abuse: every family has trouble with its kids, and there are far worse than mine.

But the Baldwin/Hasselhoff fathers are ap-

cal for other reasons besides, just as various elements have to come together at sea to make the perfect storm. Both these Dad Dads are so used with control on the side. If every father wants his little girl to adore him, how much greater must be the need of the performer whose life and career have been determined by his narcissism, craving for adulation and who may be emotionally susceptible of trying to meet the child's needs above the desiring inner chaos of "Me, me, me."

Throughout history, when fathers behave like children, often really stop one their shoes, especially the young, who use their newfound power without mercy. As Hasselhoff rolled on the floor trying to eat a burger burrito, struggling to find his face, would someone have heard something, "Promises... you're going to stop drinking." That is Hasselhoff's daughter exposing him to the world. Hasselhoff is beyond speech at this point, but he might have responded as the tragic account of King Lear: "How sharper than a serpent's tooth it is to have a thankless child." Either Ron Reagan, Baldwin's mother-in-law or, indeed, the daughter he himself, betrayed Baldwin to public ridicule now. These men undoubtedly diagnosed themselves, but terminated by cowardly barrier that brought all their demons to the fore. But behind their public shame are the private passions of two alcoholic fathers downed like Clytemnestra to seek the most ancient remedy of all, the cold panacea of revenge. M



TY PENNINGTON

The hunky co-presenter of TV's *Extreme Makeover: Home Edition* makes his living rebuilding second chances for down-and-outers. But this week he was busy trying to cancel his own reputation after becoming the latest U.S. celebrity arrested for driving drunk. Pennington has his own brand of limits at home, and he's claiming that his latest drink of risk. He quickly issued a hard apology and was released on \$100,000 bail.



NORMALLY lighted people are repelled by images with twisted facial features. May, who could not tell the pictures apart, was uncoloured

When seeing prevents believing

Blind for 43 years, Mike May is reborn into a world of colour, motion and mystifying faces

BY BRIAN BEYHUSE • Humans are quite essentially visual animals. To see means to understand in human language. For us a picture really is worth a thousand words. Our most celebrated artists, writers, religious and medical, are those who bring sight to the blind. Most of us can't conceive of a vision, short of dumb stuff, worse than losing our vision, or of a gift greater than its reverse: none. Most of us, that is, except for the long-term blind, the colorless.

Orphaning through (Random House) is Robert Kurian's mesmerizing account of technology entrepreneur Mike May, blind since 3, and his recovery of his sight 43 years later through a revolutionary stem cell procedure. May's condition was few in number—since an outbreak in India in 2006, only 30 cases have been recorded of people regaining vision as adulthood after being blinded as young as May—but entered in their surprise to unexpectant. Each one struggled with the newfound ability, and each one was catapulted into emotional upheaval and depression.

Stacey Bradford, a Briton who lost her vision at 20 months and recovered 25 years later in 1918, was a classic case. Bradford was known for his cheerful confidence: he walked a circular one with a spoon, smiled through his sight and rode a bicycle (with one hand on a fellow cyclist's shoulder). When psychologist Richard Gregory visited him the day after the operation, Bradford was well acquainted with colour and motion, but Gregory soon found problems beneath the surface glory.

On a walk, Bradford was terrified by the traffic he once manoeuvred with ease. In a museum, he recognized an object only after he was allowed to handle it. The touch made sense of reason. "Now that I've felt it, I can

see," he exhaled. Worst of all, no matter how hard he tried, faces meant nothing to him: food—he couldn't recognize individuals as gender or emotion. When his wife smiled, Kurian reports, "Bradford knew neither that she was happy nor even that it was she." He grew ever more depressed. Just 19 months after his surgery, aged 44 and perfectly fit, he died. In Gregory's mind, Bradford "scarcely gave up and let go."

May, too, was blind from birth, a photo promoter and former CIA analyst of remarkable courage and inner consistency. Although he felt no pressing need to see, certainly not his loved ones, whom he knew well by touch, there were some unspeakable things he wanted to see: panoramic views and, less poetically, women at topless beaches. Kurian narrates the moment of (limited) enlightenment in a lovely piece of writing that conveys May's targeting as he sees his swimming eye come back to life. "A carapace of white light exploded into May's eye and his skin and his blood and his nerves and his cells, it was everywhere, it was always moving and always still, and someone inside him made him laugh."

But Bradford's frustration soon belittled May as well. Depth, perspective and a distant demand him, he could not tell his two sons apart by their faces. The facts, vision scientists were now able to tell him, lay not in his

eye but in his brain. Humans don't passively see what's before them, but impose a vast body of prior learning on images in order to make sense of them. That's why babies handle, taste and poke everything they meet, building a library of information about the nature of their world. And that's why May is not fooled by optical illusions or misled by images that twin human features. Those visual tricks work by exploiting the gap between what's actually present and the brain's expectations of what it ought to be seeing—a gap that simply doesn't exist in May.

Children devote billions of neurons and years of subconscious effort to distinguishing and reading faces. It's one of their hardest tasks—even teenagers still have trouble with some adult expressions. But all that horsepower had never been switched on in May. Not visually, anyway, as it likelihood the neurons had changed jobs, and limited them selves to seeing May's sense of touch and fine-tuning his conceptual powers of recognition. And they weren't coming back.

It was a horrible, depressing shock. But unlike Bradford, May was not about to go gentle into that good night. He studied endless strings of visual clues, like the differences between placard and natural eyebrows, that signal anger and smiling, and slowly learned how to distinguish individuals, even if he's not always successful. What came initially for most of us will always be a struggle for May, and it's all the more precious for that. ■



FINALLY, A BOOK ABOUT... THE DEATH OF HANGING
The last to die (hanged) in a recent history detailed description of the crimes, punishments and injustices of Arthur Lucan and Ronald Turpin, hanged in Toronto's Don Jail on Dec. 16, 1962. But Robert Hawthorn's absorbing account of the last two men executed for murder in Canada is also a first-rate social history: indicative of a Toronto long gone in its acceptance of capital punishment but startlingly contemporary in its fear of gun violence.

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JOHNNY & BABY UNCUIT The DVD has a deleted scene between Swayze and Grey that crosses the line from dirty dancing to dirty humping

'Dirty Dancing' just got dirtier

A cult phenomenon comes alive on stage and reveals its secrets on a 20th-anniversary DVD

BY BRIAN D. JOHNSON • In *Along Came Polly*, a 2004 comedy starring Ben Stiller, Jennifer Grey's character gets involved with another guy while making his due on the dance floor. "I'm just not into this whole dirty dancing thing," says Stiller. "What do you mean, dirty dancing?" asks his date, played by Jennifer Aniston. "That wasn't dirty dancing. That was just sex."

Grey, you know, she's never loved it—the movie and the "milk." And two decades after its release, the movie is better than ever. A live show closely based on the film (*Dirty Dancing: The Classic Story On Stage*) is breaking box-office records. And with a 20th-anniversary edition of the DVD, *Dirty Dancing* just got dirtier. The deleted scenes include a long sequence of Jennifer Grey in a white bra and pajama slow-dancing with a drunken Patrick Swayze, who hovers for a moment and—well, let's just say that dirty dancing crosses the line to dirty humping.

Dancer Bergstein, the movie's writer and co-producer, says that scene was cut from the movie after preview screenings. "It made audiences uncomfortable, because Jennifer was so much like somebody's daughter," he explained, taking a break from submitting talent for a *Verano* production of the stage show. In other words, despite the sexual chemistry between Swayze and Grey, the romance depended on keeping it clean.

Bergstein was even surprised the title survived. "I thought we'd end up being called *More Cher* like *Canibals* or something." But as the show, the movie, some daily footage was so red crossing the Canadian border because common officials assumed it was porn. That prompted the studio to conduct a survey on the title, and "everyone thought it was

a porn film," says Bergstein. Maybe that wasn't such a bad thing. The colorful *Dirty Dancing* has, by now, become a massive cult phenomenon, and as baby-sitting—livers from apparent alcoholism—Grey and Swayze were typical in roles they never escaped. Grey was just a new job to trace her steps, a decision she came to regret.

Now the movie's fans can witness the big pending scenes of Johnny and Baby in the flesh. Since opening in Australia in 2004, *Dirty Dancing: The Classic Story On Stage* has played Auckland, Hamburg and London's West End—where it broke all box office records for live theater, less full with advance sales of \$11 million. Toronto hosts the show's North American premiere in November, and last month Miramax Productions reported a record-breaking \$1 million in single ticket sales on the first day.

So why has *Dirty Dancing* left such an indelible mark? "Because it's really based," says Bergstein, without a trace of irony. Her movie followed a string of women musicals about dance-madness—including *Shogun* (1977), *Grease* (1978) and *Flashdance* (1983). But it's the only one that shows, step by step, how the dance was constructed. And it's the only one created by a woman who actually lived the life, if not the romance, depicted onscreen.

Bergstein listed each of her scripts on her own experience. Like Grey's character in the movie, she's the daughter of a Jewish doctor, vacationed in the Catskills with her parents, and was called Baby until she was an adult. "I grew up in Brooklyn in a very poor neighborhood," she says. "My father was penniless for a dollar. I wanted to change the world, but in a meaningful positive way. And I was a teenage-mambo queen." Bergstein composed in "dirty dancing" costumes as a teen during the early '60s—and has a somewhat collection of trophies to prove it. Later she worked her way through university as an Arthur Murray dance instructor. "He doesn't also a great deal of Johnny in me," she adds.

While *Dirty Dancing* may be seen as the ultimate chick flick, the way Bergstein talks about it, you'd think it was a motivational film to empower men. "Men have that secret desire inside, and then has given permission for it to come out. We have a huge female audience, but our most passionate audience is men." On an Australian phone-in show, Bergstein took a call from a semi-driver who said he wanted with a laptop so he could watch the movie at work. The lines were then jammed by other big rig drivers calling in to say they did the same. "Who can blame them?" The film's hero is a working-class road, a woman-leopard who's a woman who's a woman, born from being a gigolo. Maybe not the ultimate male fantasy. But more fun than watching with an all-wheelie. ■



PERFORMANCE OF THE WEEK

Verano—Boris-erik Jester. Verano is the most important behind this is *Verano*, a performance piece scheduled for this month. He will perform 500 30-second objects that will be made around outside the New York Stock Exchange, carrying proceeds with messages from humanity to parents. Verano says the work protest comes from it will exhaust his army, who will be working on their best to do it. "It's a huge march for them," he says. "They are all small!"



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EACH CAST rests on a handmade cushion. Up close, the sculptures sort of look like fossilized oysters served up on the half shell

Tea, ladies? Oh, and by the way...

An artist invited women for an unusual party: the result is a collection of 52 bronze vulvas

BY JILLIA MCKINNIEN • Toronto artist Deb Wiles let out a huge, rattled laugh as she shooed back to the first time she crested on a patch of porcelain jelly, and using a powder and water mixture called alginate which deforms into impressions with, applied a blob of the stuff to the Vaseline-smeared between her bare thighs. She waded in her bathroom for three minutes before grimly sagging to remove the sultry glob. The crimson object in her hand while she examined the detailed impression she'd made of her vulva. A white latex, she left the urge to inspect the process. She remembers thinking, "Why do I want to do this?" she says, sitting on a kitchen table.

Wiles said, "I'll know exactly what I'm going to do, what's the good it doing at?" So it was with Wiles. She was enrolled at the Ontario College of Art, in a boundary course. She was 17 at the time, older than most other fellow students. Some called her "Fornixia on wheels." When she showed her professor the alginate vulva, Wiles said, "I don't know why I'm doing this. Maybe I'm a bit of a freak." But her professor said, "Just go with it."

Soon Wiles was taking every woman she knew—would like to come to any house for tea? Would you mind if I make a cast of your vulva? When a couple of other advanced high school girlfriends objected, Wiles was shocked, "I thought for sure they'd do it. But they said, 'No, I don't want you to, like, cast my vulva.' And then I explained it wasn't actually doing it. I was handing down the stuff, and they were going into the bathroom. Then they saw, 'Oh, okay' and they did it." The result is a collection of 52 bronze vulvas. Each rests on a handmade cushion. Up close, the sculptures sort of look like fossilized oys-

ters served on the half shell. (Photos of the art can be viewed at www.debiles.com.)

"Residue of 12 Women's V's" will be exhibited in February at "ARTPLACE" in Annapolis Royal, N.S., where Wiles was born. Her father still lives there. "I didn't want to use the word 'controversial,'" Wiles says, when she started her father last week there might be public reaction to the show. "So I told him, 'It might cause a hubbub.'"

"Oh, why would it do that?" he asked. "Because it's body parts, Dad." "Body parts? What body parts?" "So I had to tell him, 'woman's private,'" Wiles says.

"Charly," a long time friend, remembers Wiles' earlier phase of photographing people's erections. "Come to the bathroom," the artist told her. "I'm going to take a picture of your anatomy." Charly thought, "Do I need a picture of my anatomy taken?" However, Charly found the subject "very enlightening—I was like, 'What? That's it? Maybe, occasionally, I'd get a mirror and have a look over every five years, but this was like a foreign object. I don't see vulvas every day.'"

Virginia Lake and Rae Hackett arrived at Wiles' house the same day for tea and to take a cast of their vulvas. Lake admits she agreed before considering what was involved. "It wasn't until I got there that I thought,

"We're doing what?" After weighing the impression, "I was quite judgmental. It didn't look like what I expected it to look like. I found Rae's better. I thought hers was more beautiful, with more character, more life. I thought mine looked a little closed," she said. "But when I saw them all, I realized we're all different. They're all amazing. I was so sure."

University of Toronto psychology professor Jordan Peterson claims art, and even one of Wiles' earlier artworks. He's seen the vulva sculptures. "It's not an ideological, feminist piece. Art is forms of exploratory endeavor," he says. "I am not known why they're doing something, whatever they're producing is propaganda, not art. I think the [vulva sculptures] as a real work of art."

Making casts of body parts is nothing new. For example, Cynthia Pascal's *Cast of a Penis* in 1969 by casting Jim Hendrix's penis in plaster. Her collection includes the appendages of Frank Zappa's bodyguard and Led Zepplin's tour manager. Today, Cynthia often gives casting workshops to couples for \$100. "Wiles isn't interested in feminizing this subject. Her one-time penis casting experience flourished the difficulties. When the man who I had her was made, 'I came as he is, in his bed,' he said. 'Wiles said, 'Of course he lost his erection. It was a bad experience for him. We never got it finished.' I said, 'Do you want to try this again?' He's like, 'NO!' Wiles said, 'Um, the cast looked like a real. So I stuck it in my garden.'"



NOW SHOWING... THE COMPUTER

A stuffed beaver creature's pet a keyboard and monitor in artist Kerry McHale's exhibit, "Computerlover." She's hollowed out a toadstool's bottom and re-stuffed it with a standard computer motherboard and CPU, a red light in its belly. With a 150W monitor, the Computerlover is capable of the same tasks as any higher-end PC. Says McHale, who exhibits the PC on the Internet: "What better creature to house the bulkiest of machines?"

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WHO NEEDS to go into debt? The *Bridal Wave* authors advise: score the gift registry! Find something you like and buy it in bulk.

I do, I do, I do hate wedding season

How to survive all your friends getting married when no one's proposing to you

BY JULIA MCKINSELL • Wedding season is on the horizon. Brides-to-be are reading our advice. You could get in debt, or at least the summer. Excited? Good for you.

Not so excited? A new book symposium, especially with the single women, and often tips and strategies on how not to go bankrupt from frustration, or face that major broke from buying a bunch of food processors in wedding gifts when you can't even afford one yourself.

Eun Tansoo and Valerie Cabrera Krause are the authors of *The Bridal Wave: A Survival Guide to the Knots of Love & Getting Your Not-True*. The book is aimed at all single women in their twenties and thirties who would rather stay home and clean the toilet than attend yet another friend's wedding.

"The *Bridal Wave* serves like a tidal wave, sweeping up your friends one by one, and showing you what's next," write the authors. "It's easy to feel like the odd woman out, particularly when strangers and relatives ask, 'Why aren't you getting anyone?' or 'Have you met online dating?'"

Even if you've got a boyfriend, "you're not free from the wrath of the *Bridal Wave*. Those of us in relationships face the irony: equal time in family." When you're going to radio it official," write the authors. Or worse, the *Bridal Wave* comes to you when you own up to all your happy relationships! "Is he the one? Is there even one to meet a new one?"

The *Bridal Wave* acknowledges, "We know how we are supposed to feel when we hear someone else's good news: we're supposed to smile and congratulate them." But as a research survey they did for the book, the authors found that 77 percent of women admit anxiety self-guilt, and you know as hearing the

news of a friend's engagement. Tip No. 1: "Make a new friend who is in for the ride as possible. Be the one plenty on your side because the won't have loyalty to your other friends. You can talk as much with about your Club World friends as you like," write the authors.

Tip No. 2: It's okay not to go. "If this is your 10th wedding and your heart is like at the thought of going, then check the 'sincerely decline' box." Furthermore, if your invitation arrives about three weeks before the actual date, "Face it: you're a C-lister to her, so why bother attending and showing up?"

It's a "decision on wedding"—as in, you're expected to fly to Croatia—"these are the extent to decline," according to the book. "That said, you still have to send a gift." However, "if you do the other plan is to get as many gifts as possible with as few sizeable guests as possible, you can always make a charitable donation in their name. No present for them. No wedding for you. Score one for charity."

As for the wedding gifts you will be purchasing, *The Bridal Wave* says, score the registry. "Choose you find something you like, say, silver candle holders or an elegant silver tray, buy in bulk. Repeat. I will not go into credit card debt."

Second, further read in findings in home, even dear of celebrity magazines, and even

the comedy reminds. "Eating about a week's wedding receipts can have the same result as getting your unapologetic I've Got Big News and I'm on my way out!" [the book says] "Be good after me. I will be on the range of books and magazines. I read as I don't look myself into a world run by the money-making, ordinary machine that perpetuates happy ever after myths." For more entertainment news that doesn't end in "I do," the authors recommend *Therapy and Love*, *Don't Tell Me About the Spotted Owl*, *Lost in Translation*, and *D.E.S.S.*

A friend's wedding can easily send a single woman into despair about her future security, and whether she'll ever be a mother.

Tip No. 3: Buy no more. "Buying shoes is not an act of resignation, or a symbol that you're doomed to be single. It's a smart investment that can double your money in the years."

What's more, if you're financially independent, and if you biggest fear of never marrying is that you'll never have kids, you can make the decision to be single most. "Maybe it's not your fantasy to drive to a sperm bank and play select-wed but trying to have a baby doesn't mean the end of the line for you romantically," write the authors. "They can be separate things. It is 2007, after all."

Tip No. 4: Stop the anniversary. "But don't tell the couple how banned you are. You ruined the actual thing of the love. What they don't know won't hurt them." ■



HOTTEST IMPROVED RICHARD GERE

The Indian actress-busiest that had been charged with obscenity following his romance of Shilpa Shetty. But last week, things seemed to improve the judge who issued a warrant for Gere's arrest was removed. Derek Gupta's ruling had been criticized by Indian legal experts for lacking merit. Gupta was transferred to another post. It was not immediately clear whether the charges against Gere would be dropped.

Field notes on the love life of the licentious quacker



SCOTT FAUCHUK

Are you sitting down? Good. Because this news is going to create a quite a ruckus. Despite all you've believed, all you've printed yourself on, despite all the words and photographs you've posted to your blog, it pains me to inform you that... well, there's no easy way to put this: your genitals just aren't that fascinating.

Please understand—it's not me saying that. I, for one, emphatically believe you, when you say your roughie/dude are an anatomical work of worthy genetic commensuration and frequent mutation. Especially yours, Charlie Brown. And I'm not just saying that because of the little hat you bought for them.

However, the bromides in the academic community—well, they are of the view that the contents of your crests are probably untranslatable. Welcome to Yawerville, population: your vagina. I am not suggesting that I suggest a fellow could theoretically drop his ducness in the North Yard in Har ward and those fleshy Pindolsters would just swim on by, completely uninterested in the academic life I was making a position.

But whip out a duckpen and, man, watch those science nerds melt for the microscopes and prostate! Yes, the genitalia of ducks have suddenly emerged as a hot topic in the research community. In fact, during every 10th D with a lab coat and a degree will spend for a spontaneous orgasm to probe and prod at search of secret to the Compelling Mysteries of Life. In fact, they are the Still Fairly Intriguing Mysteries of Why That Duck's User I Like So Finds a "Y" Ate.

It all started with the findings of Patricia Bateson, who is a behavioural ecologist at Yale University. Dr. Bateson recently uncovered evidence using waterfowl of what we humans are describing as "a sexual arena race" where male ducks with twisted genitals, and whose phalluses that emerge from smooth to covered with

spines and grooves (Nure to human evolution. What? You can't keep pace with a freaky sex life?)

A New York Times article about Dr. Bateson begins with a scene in which the decline of Miller's duckdom in Madagascar, "the champion of genital evolution [second place Timothy Leary] and then [seriously confused] his phallus," which is subsequently described as "a long, spiraling structure." After flipping back to the first page to ensure I wasn't reading the latest Dietrich Beld, I continued on to discover that in most birds, the vagina—or ovoduct—is a simple tube. But the ovoducts of some waterfowl feature various spurs and prickles that "function as dead ends or false passages" in other words, impregnating a

created by ever more elaborate vaginas, and vice versa. "Some large waterfowl that are highly monogamous, like geese and swans, have small phalluses, whereas other species that are quite small but more promiscuous have more elaborate genitalia," Bateson told the Times. To illustrate that theory, if Jack Nicholson were a duck, his phallus would be nowhere evolved to include colorful feathers, a digital clock and a protruding display at the top of every hour.

Though she's already published her work, Dr. Bateson agrees to dedicated to her research that she visits a waterfowl sanctuary every two weeks to inspect and measure the phalluses of 100 species of ducks. You can tell it's her day to visit because there are 9,000



No spines or grooves? When it comes to evolution, humans can't keep up with the ducks.

duck in a lab trying to look at Egyptian tomb—but with your wing, which makes it harder to carry the gold.

According to the Times, Dr. Bateson was "reluctant" to lend phalluses sent 1999. In that fateful year, while working in a Costa Rican forest in a more flycatcher-related expedition, she spotted two birds mating. They became uninterested, and I saw the huge thing hanging off of them," she said. "I could not believe it. It became one of those questions I wrote down why do these males have this huge phallus?" Other questions she wrote down and asked, "why do people who are so damn smart at anatomy?" Also, "It all started with the findings of Patricia Bateson, who is a behavioural ecologist at Yale University. Dr. Bateson recently uncovered evidence using waterfowl of what we humans are describing as "a sexual arena race" where male ducks with twisted genitals, and whose phalluses that emerge from smooth to covered with

male birds waiting out from with flowers and chocolate. Dr. Bateson says she's become "very good at producing what the genitalia of one sex will look like by looking at the other sex first." Sadly, her wit continues for this category to come up on Jeopardy.

Lately, Dr. Bateson has become obsessed with the question of why the duck phallus grows and then disappears. "It may be useful to know in ducks to keep it healthy," she often in a theory that it is supported by some hormones, and by the way I may be able to find out some of the things I may be able to find out. When you're doing something that so hark in human affairs, you can't really predict what's going to happen." Except that your ducks will continue to back away slowly from the dinner table before running to the door. ■

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DANNY LORENZO McDONALD

1968-2007

He always wanted to be like his brother,
and in many ways he was

Danny Lorenzo McDonald was born right around supper time on Sept. 2, 1968, in Sudbury, Ont., to Maurice McDonald Aspinor and Angelo McDonald. He was an unexpected and final addition to the family, which already included his sister Marlene and brother Rick and Gilles. When Dan was four, he rode his tricycle five kilometres up Main Street in nearby Cheltenham to visit his father at work at the Ontario liquor board. As a teen-ager, Dan worked cars, pumped gas and sold beer next to his older brother, who was a maverick. Marlene told him her credit card to buy a radio. He paid her back promptly. At 18, Dan became his parents' landlord when he bought the apartment building where they resided (he had long been saving for a down payment). He lived the football and baseball, and went to college to be an entrepreneur. A late growth spurt meant Dan was the only six foot six, 210 lb. man in his class.

Dan visited Rick, a police officer and a father figure to his siblings, is now doing before Dan gave up the federal lawsuit to work as a corrections officer. He hoped this would lead to an eventual spot next to his brother on the Sudbury police force. But a former inmate attacked him in a bar in 1998 and injured Dan's face, hurting his chances of joining the police force, so Dan stayed on as the jail.

In July 1999, Rick, who had just fallen in love again after a difficult divorce, was helping a cyclist help across the highway outside of Sudbury to stop a stolen minivan. Instead, the vehicle struck him and killed him instantly. Devastated, the family petitioned the government to make it a full year to evade police during a vehicle chase. The Rick McDonald Act became federal law.

Still grieving, Dan wanted to bring his brother's name to his brother and found it in Anishinabe, the traditional name for the area where his father and brother then played growing up. In 2006, Dan established the annual Rick McDonald baseball tournament, which attracted police agents from across Ontario. Dan refurbished Anishinabe

with new fencing, benches, grass and signage, and restored to live the field restored after his deceased brother. Some of the money went toward maintaining the field, the rest donated to buy bicycles for underprivileged kids. He raised \$11,000. —Rick's badge number — on his right knee in such high numbers.

Still, his brother's death and the breakdown of his own marriage (he and his wife had two children, Chad and Chelsea) renews of a gap between his life. What a surprise, then, when he met Sandra Royner, a kindergarten teacher from nearby Kettleby, through a mutual friend in 2004. "I'm not sure I'm ready to do this again," he said to Marlene one day. "Just go for coffee," was her reply. "It's not like you have to go far, dinner." It quickly went beyond dinner, and the pair planned to spend the rest of their lives together.

At work, Dan was promoted to management at the jail, and was soon the rebuilding officer for about 90 jail staff. It was a difficult job, because everybody wanted everything from him. "You can't be the answer to everyone's problems," his boss, Simon Pedron, told Dan once then once. Still, he tried.

Dan recently sat to work on building a 2,500-sq. foot house for Sandra and the children. It was so big his neighbour Mike Labelle had had to "the Wall Mart mansion." He also bought a Chevy Avalanche Z-71, a big truck to go with his big house. "I feel safe in it," Dan said after the purchase.

One afternoon in late April, Dan and Sandra got into the Avalanche to drive to a triple building he owned. He needed to fix a tenant's door. Dan promised Sandra that he wouldn't take very long, and that they would take their children to the Sudbury Wolves hockey game right after he was finished. "You know, Danny, whatever you go someplace you always take longer than you say," Sandra said when they reached the end of the driveway. He laughed, and brought her back to the house. Then he drove off toward the highway outside of Sudbury. A Pontiac Firebird roared into his lane. On April 21, Danny Lorenzo McDonald, 38, died in the collision.

BY MARTIN PARSONS



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